



## Pasadena Independent School District School Health Advisory Council ("SHAC")



### **Notice of Meeting of the SHAC**

The Pasadena ISD School Health Advisory Council will be held April 4, 2023, beginning at 9:00 a.m. in the Boardroom of the Pasadena ISD Administration Building, 1515 Cherrybrook, Pasadena, Texas 77502.

#### **Public Participation:**

All Pasadena ISD SHAC meetings are open to the public. A recording and Proposed Minutes of this meeting will be forwarded to the District for posting on the SHAC website (listed below) not later than the 10<sup>th</sup> day after this meeting. Approved minutes will be posted following the meeting at which they are approved.

For additional information, please contact the PE, Health and Wellness Office at 713.740.0126 or visit the Pasadena ISD SHAC website at the following web address:

[https://www1.pasadenaisd.org/departments/departments\\_n-s/physical\\_education\\_health\\_wellness/parent-s-h-a-c](https://www1.pasadenaisd.org/departments/departments_n-s/physical_education_health_wellness/parent-s-h-a-c).

Alise Neff, Pasadena ISD Coordinated School Health Specialist, at [aneff@pasadenaisd.org](mailto:aneff@pasadenaisd.org)  
Amber Macneish, P.E., Health and Wellness Coordinator, at [amacneish@pasadenaisd.org](mailto:amacneish@pasadenaisd.org)

### **Agenda for the April 4, 2023 Meeting of the SHAC**

The subjects to be discussed, or considered, or acted upon by the Pasadena ISD SHAC at its April 4, 2023 meeting are listed below. Items do not have to be taken in the same order as shown on this meeting notice and/or agenda.

1. Convene Meeting of the SHAC
2. Consideration and Approval
  - a. [Minutes of February 7, 2023 Meeting of the SHAC](#)
  - b. SHAC By-Law Proposed Updates
  - c. Off Campus Physical Education
3. For Your Information:
  - a. Committee Updates
4. Questions, Comments, Concerns
5. Meeting Adjourned

Approved SHAC Meeting Dates for 2023-2024:

September 12, 2023  
November 14, 2023  
February 13, 2024  
April 9, 2024



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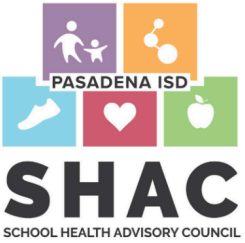


## SHAC Meeting Agenda April 4, 2023

1. Convene Meeting of the SHAC
  - a. Called to order at 9:04 am.
    - i. Motion to accept the minutes made by Karen McCarley
    - ii. 2nd Made by Mary Davis
2. Consideration and Approval
  - a. [Minutes of February 7, 2023 Meeting of the SHAC](#)
  - b. SHAC By-Law Proposed Updates
    - i. Motion to approve by Amber Macneish
    - ii. 2nd made by Shannon Rogers
  - c. Off Campus Physical Education
3. For Your Information:
  - a. Committee Updates
    - i. PE/PA/Health
    - ii. Nutrition
      1. Parent asked questions about the amount of food waste and recent guidelines within nutrition
    - iii. Family and Community
    - iv. School Behavioral Health and Counseling
    - v. Health Services
4. Questions, Comments, Concerns, Community Updates
  - Alise Neff presented information for PARD
  - Nutrition - You Pick 3 - A student can bring a "sandwich" and the cafeteria with supply 3 side items (fruit, vegetables, dairy)
5. Meeting Adjourned at 10:18am.

Audio of the Meeting can be found [here](#)

Approved SHAC Meeting Dates for 2023-2024

			
<b>2023-2024</b>			
September 12th 9:00-10:30 AM	November 14th 9:00-10:30 AM	February 13th 9:00-10:30 AM	April 9th 9:00-10:30 AM
Administration Building	Administration Building	Administration Building	Administration Building



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Physical Education and Physical Activity Committee	
Celebrations/Completed Items	
<ul style="list-style-type: none"> <li>• PE: <ul style="list-style-type: none"> <li>◦ Big Shoot Out was a record breaking event! We have a new record for the 6th grade girls!</li> <li>◦ We had over 1000 runners compete in Get Fit Jog! We plan to add an employee race next year.</li> <li>◦ The 50th Anniversary of Olympiad was an amazing showcase of PE skills!</li> </ul> </li> <li>• Physical Activity: <ul style="list-style-type: none"> <li>◦ South Shaver Spark Park Dedication</li> <li>◦ Walk to School Events- 22 so with 4 more planned this year!</li> </ul> </li> </ul>	
Focus/Goals: Items in Progress/Continuing	
<p>New Standards and Instructional Materials Roll Out</p> <p>Continued promotion and support of the:</p> <ul style="list-style-type: none"> <li>• Recess Guidelines</li> <li>• HPE Guidelines ( safety recommendations, weather guidelines, Health and PE law, school board policy etc.)</li> </ul> <p>TEA did not release a platform for FitnessGram so scores will be collected through Skyward.</p>	
New Items 22-23	
<p>Skills- focused, physical literacy based adopted instructional materials:</p> <ul style="list-style-type: none"> <li>• K-12 PE: Spark</li> <li>• Elementary and Middle School PE: Quaver Health and PE</li> <li>• High School PE: Good Heart Wilcox: Texas Fitness and Wellness Skills</li> </ul> <p>Special Events ALL resume face to face!</p> <ul style="list-style-type: none"> <li>• Punt, Pass and Kick+, Walk for Sight, Big Shoot Out, Olympiad, Get Fit Jog, Campus Track &amp; Field</li> </ul> <p>Focus 2022-23:</p> <ul style="list-style-type: none"> <li>• August: New Instructional Materials and Standards</li> <li>• October: Opt-In Lessons</li> <li>• January: Spring Planning and PLC Share</li> <li>• February: Functional Movement, CPR, American Heart Association, PLC Share</li> </ul> <p>Updating the Off Campus PE Requirements</p> <p>PE Grading</p>	



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### Health Education Committee and Employee Wellness

#### Celebrations/Completed Items

##### Health:

- Mass CPR Instruction at PHS
- AHA Grant of 21 CPR Anywhere Kits- 122 PE Teachers Certified
- Vaping Week
- Whole Child Framework
- We adopted updated curriculum materials! It was a long process but we have health literacy based materials in place for our students.
- All 7/8th grade students will take Health!

##### Employee Wellness:

- It's Time Texas Community Challenge Local Winners: Matthys and Genoa Elementary
- April is Stress Less, Sleep More Challenge
- Walk in the Park planned for 4/11
- May is Mental Health Awareness Month

#### Focus/Goals: Items in Progress/Continuing

##### New Standards and Instructional Materials Roll Out

##### Opt-In: Human Sexuality and Child Anti-victimization

- Requires annual notification: Consent to Human Sexuality Instruction. There is a section included in the [student handbook](#).
- Requires OPT-In consent at least 2 weeks prior to instruction- meaning parents/guardians must give permission for their student to participate in the human sexuality and child anti-victimization instruction. All of our permission slips have been updated and can be found [here](#).
- Requires all human sexuality and child anti-victimization resources be available for parent/guardian review on the district website or on campus for review. You can find a list of all curriculum materials [here](#).

CPR Instruction is a grad requirement. The CPR Instruction Plan is being implemented (Not just CPR, calling for help recognizing what help needed looks like)

#### New Items 22-23

- Skills- focused, health literacy based adopted instructional materials:
  - Elementary: Quaver Health and PE
  - Middle School: Quaver Health and PE, Always Changing and Choosing the Best (6th Grade)
  - Intermediate PE/Health: Choosing the Best, Texas Health Skills
  - High School Health: Choosing the Best, Texas Health Skills
- Vaping Resources for campuses through Everfi and Discovery Ed



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- Focus 2022-23:
  - August: New Instructional Materials and Standards
  - October: Opt-In Lessons
  - January: Parenting and Paternity Awareness Training (HS Health)
  - February: Spring Planning

### Nutrition Services

#### Celebrations/Completed Items

- Nutrition Services was given the "Turnip The Beet" award in recognition for our outstanding Summer Meal Program. We were one of only 26 sponsors in the state and one of only 98 sponsors nationwide to receive this recognition.
- We have completed our software transition from Nutrikids to Primero. Parents can now go to one website to make payments on their students' accounts, see what they have been purchasing or complete a free and reduced meal application.  
<http://www.schoolcafe.com/>
- We celebrated Dr. Seuss's birthday March 2nd with our elementary staff dressing up and special green eggs cookies on the menu.
- We highlighted the importance of healthy breakfasts during National School Breakfast Week March 6-10.

#### Items in Progress/Continuing

- Our culinary training program is going very well. The pandemic, supply chain issues, and labor shortages forced us to change a great number of our normal processes and procedures. We are working to reteach our kitchen team members culinary basics and beyond. Our Saturday classes are well attended and employees are very engaged and thankful for the additional training.
- We continue to be negatively impacted by nationwide supply chain issues and labor shortages. However our breakfast and lunch meal service continues to offer a variety of menu options and so far we have been able to maintain many of our students' favorites. It is our ultimate goal to provide healthy nutritious meals that kids are excited to eat.

#### New Items

- USDA has made some proposals to make school meals more healthy. This SOUNDS like a good thing, however here is an abbreviated version of what the current proposals would mean for school meals:
  - Sugars would be limited further - sugar is already managed through calorie restrictions. Holiday and occasional treats for students would be discontinued.



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- Only High School students would have access to chocolate milk, all others grades would have white milk only. Our chocolate milk is already lower sodium and lower sugar than what is available retail.
- Currently 80% of our grains must be whole grain. New rule would require 100% be whole grain (our tortillas and biscuits)
- Sodium would decrease 5 more times - 10% per year until meeting renal diet requirements in 2029
- Further Buy American requirements would limit or discontinue bananas, pineapple, mandarin oranges, jalapenos and some fresh produce in the winter like cucumbers in January/February months. We already buy American on the majority of our items but items listed here are NOT grown in the United States.
- Here is the link for the comparison chart of what we have now to what is being proposed - a more comprehensive explanation of the changes.  
<https://www.fns.usda.gov/cn/school-meal-standards-comparison-chart>
- We are encouraging parents and community members to comment on the proposed changes and make your voices heard in Washington DC.  
<https://www.regulations.gov/commenton/FNS-2022-0043-0001>
- Community Eligibility Provision- all students would eat free breakfast and lunch

### Family and Community Engagement

#### Celebrations/Completed Items

- In February, ACE supported families through tornado recovery by hosting two events that distributed cleaning supplies, food, and water for both North and South Pasadena.
- Family Engagement Conference hosted by Special Programs was on March 3rd. Topics included the following: college and career, adult education, Literacy, technology tips, and supporting strategies with behavior.
- Campuses are actively hosting Raising Highly Capable Kids parent sessions. Graduation for those that completed the 13 sessions will have a graduation in May.
- MD Anderson is hosting 4 Virtual Sessions on Healthy Living. Two of the four are complete, attendance was over 100 for each session.
- TX Childrens hosted a Virtual Vaping Event that over 100 parents attended and provided great feedback.
- Four campuses are hosting Depelchin classes for families. Graduation is anticipated in May.

#### Items in Progress/Continuing

- The Parent Survey will be released in Spring. We will share via social media and other campus communications, Please encourage all families to participate. The feedback helps drive our campus and district goals for the upcoming year.



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- Campuses are currently scheduling Review and Revision meetings for policy and compacts. Please encourage parents to participate and share their feedback.
- Parent Coordinators are assisting campuses with Pre-K round up.
- MD Anderson- Live an Active Lifestyle Virtual Session is on April 5th 9:00 Spanish and 10:00 English. Contact your campus parent coordinator for the link.
- Tx Children Plan- Anxiety and Mental Health Virtual Session on April 13th. 9:00 Spanish and 10:00 English. Contact your campus parent coordinator for a link.

### New Items

- ACE and De Zavala Middle School are hosting a Summer Resource Fair on May 12th from 4:30-6PM. There will be free and low-cost summer resources, activities, inflatables, and food trucks.
- ACE is finalizing dates for summer Lobos Market food distributions. The flyer will be released as soon as we receive confirmation.

## Social Behavioral Services and Counseling

### Celebrations/Completed Items

- Our team presented at the February Board Meeting - we highlighted our team, the CASEL model, the PISD Whole Child Framework and other supports (including grants)
- 6 million dollar grant to hire 10 Support Counselors at 11 campuses
- Safe School Ambassador from PMHS presented at TASB Conference in March 2023. Students shared safety protocols on campus and awareness campaigns, such as "Start with Hello".
- Safe School Ambassadors from South Houston High School created a PSA for February's Teen Dating Awareness month.
- 37 CREST campuses recognized at March 28th School Board Meeting. CREST, Counselors Reinforcing Excellence for Students in Texas through their Comprehensive Guidance Program.

### Items in Progress/Continuing

- Since the start of the school year, the Behavior Response Team has trained almost 3,500 PISD staff in topics related to PBIS (classroom management, restorative practices, behavior intervention); also our beginning of the year counselor training (collaboration); including TCHAT Mental Health sessions offered monthly on various topics
- Threat Assessment training by Dr. Reeves is on-going and the next training will be in April 28, 2023
- Utilizing digital platform for completing Threat Assessments





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### New Items

- Summer Professional Development
- Onboarding 10 district support counselors
- Partnership with Deer Park ISD to offer parent informational meeting over Fentanyl on April 18th - open for registration now

## Health Services and Physical Environment

### Celebrations/Completed Items

- 2023 See to Succeed went great! We brought 1,425 Pasadena ISD students to Campbell Hall for a vision exam and glasses. We celebrated the 100,000th student served by the See to Succeed mission during our week.
- Bacoda came out for Focus Day