

WALDEN UNIVERSITY

A higher degree. A higher purpose.

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WALDEN SUPPORTS YOU

IN 2018

Walden University is now offering Pasadena Independent School District Employees an exclusive savings opportunity—*a tuition reduction* on top-quality programs to inspire personal and professional growth. A better you awaits.

10%
**TUITION
REDUCTION***

Plus, additional grants may be available.

Programs Include:

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- » Doctor of Business Administration (DBA)
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- » Master of Science in Education (MSEd)
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- » Bachelor of Science in Elementary Education (Teacher Licensure)
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- » Graduate Certificates

LEARN MORE: 1-855-628-3427 | WALDENU.EDU/PASADENAISD

Walden University is accredited by The Higher Learning Commission, www.hlcommission.org.

ARE YOU READY FOR A BETTER YOU? Let Walden's expert faculty members guide you on your journey of exploration with three Wellness Webinars:



Digital
Detox



Avoiding
Burnout



Strategies for
Conflict Management

**LEARN MORE ABOUT
OUR WEBINARS >**

*This offer is only valid for eligible new students who enroll on or before 6/25/18 and are Employees of Pasadena Independent School District.

This offer is not a guarantee that all candidates eligible for the offer will be granted acceptance or admission into Walden. All prospective students will be subject to the same standard admission and registration process when applying to Walden.

The tuition benefit offered to students under this offer is a 10% tuition reduction. The tuition benefit is applicable to tuition only and does not apply toward books, materials, and other supplies or fees needed for a course. This reduction will remain in effect for the duration of the student's continuous enrollment at Walden. All candidates who are current Walden students are eligible for the tuition benefit; however, no tuition reduction will be made retroactively. The tuition benefit cannot be used by a student in combination with any other tuition-reduction benefit. The tuition benefit is not applicable for students enrolled in the Family Nurse Practitioner specialization in the Master of Science in Nursing (MSN) program.

Walden may change the tuition benefit offered hereunder at any time, but such change will not affect the tuition benefit for students who are currently enrolled at Walden and using the existing tuition benefit. All tuition reductions, grants, or scholarships are subject to specific eligibility requirements. Contact a Walden University enrollment advisor for details.

A Better *you* Is Here

Walden University faculty members are passionate about sharing their expertise to support your success. Join our Wellness Webinars to *explore, discover, and grow.*

VIEW THE WEBINAR SERIES NOW >> WaldenU.edu/PasadenaISD



Digital Detox

with Dr. Frederica Hendricks-Noble

If you've ever entered a room and witnessed every single person looking at his or her phone, you might feel ready for a digital detox. Setting boundaries around electronic communication is not just a good idea, it is also essential for productivity. Setting limits on time spent on social media can help improve both mood and motivation. Looking up from our cell phones is crucial to connecting with others, and this session will help you establish healthy parameters for a very modern workplace problem.



Avoiding Burnout

with Dr. Shana Garrett

The condition of burnout has emerged as a serious trend in today's workplace. Being stressed out has progressed from a general dissatisfaction with your daily activities to changes in your habits and attitudes that can impact your career. By examining the biological, psychological, and motivational factors that contribute to burnout, this presentation will offer strategies to reduce stress and replenish your personal resources.



Strategies for Conflict Management

with Dr. Barbara Bailey

Collaborative workplaces are productive and healthy. Join an experienced contract mediator for a critical conversation about the essential conflict management techniques and skills to improve communication. Conflict can be constructive if it is managed properly! In this session, find out how you can turn workplace turmoil into the foundation for organizational health.

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