



PASADENA INDEPENDENT SCHOOL DISTRICT

2023-2024
COMMUNITY
RESOURCE
DIRECTORY
- SPECIAL PROGRAMS -

INDEX

INDEX	1
ABUSE	2
ALCOHOL/DRUGS	4
BASIC NEEDS	6
CHILD CARE	11
SPECIAL NEEDS	12
AUTISM	14
COUNSELING & MENTAL HEALTH	15
PSYCHIATRIC HOSPITALS	23
EMPLOYMENT	25
ADULT EDUCATION	25
HEALTH-RELATED INFORMATION	26
DENTAL	32
LEGAL	34
RECREATION	36
ELDERLY SERVICES	36
SUPPORT GROUPS	37
OPPORTUNITIES FOR VOLUNTEERING	38
TRANSPORTATION	39
POLICE/FIRE	39
UNITED WAY 211	40
CONNECTIVITY	40
NOTES	42

ABUSE

Adult Protective Services

www.dfps.state.tx.us/adult_protection
1-800-252-5400

APS is responsible for investigating abuse, neglect, and exploitation of adults who are elderly or have disabilities.

Aid to Victims of Domestic Abuse

www.avda.org
713-224-9911
1001 Texas Ave, Ste. 600, Houston, TX 77002

Provides battering intervention, individual counseling, victim support group for both women and men, volunteer and internship opportunities. Provides assessment and legal assistance to victims based on income.

Bay Area Turning Point, Inc.

<http://www.bayareaturningpoint.org>
281-338-7600 Main
281-286-2525 24/7 Crisis Hotline
210 South Walnut St., Webster, TX 77598

Bay Area Turning Point empowers survivors of family violence, sexual assault, and displacement by providing crisis intervention, shelter, and promoting education and awareness within our community. Provides services to women and children who are victims of family violence, and sexual assault. 24 Hour crisis hotline, Police/Hospital 24 Hour accompaniment. Court accompaniment, assistance with filing protective orders.

Casa de Esperanza de los Niños, Inc.

<http://www.casahope.org>
713-529-0639
2911 Corder, Building A, Houston, TX 77054

Crisis and long-term residential foster care (due to abuse, neglect, HIV), medical & psychological services (Ages 0-6). Outreach program provides: Rental Assistance, Assistance with light and telephone bills and food.

Child Advocates, Inc.

www.childadvocates.org
713-529-1396
3701 Kirby Dr, Ste. 400 Houston, TX 77098

Mobilizes court-appointed volunteers to break the cycle of child abuse. Speaks up for abused children who are lost in the system, and guides them into a safe environment.

Children's Assessment Center

www.cachouston.org
713-986-3300
2500 Bolsover St., Houston, TX 77005

Serves children under the age of 19 who are alleged victims of child sexual abuse, sexual exploitation or human trafficking, severe physical abuse, and witnesses to violent crimes. There is no fee for services, and all children who qualify and need help receive the same quality of care.

Children's Protective Services

www.dfps.state.tx.us
1-800-252-5400

Texas Department of Family and Protective Services Hotline to report abuse and neglect of children, elderly and disabled.

Family Time Crisis & Counseling Center

www.familytimeccc.org
346-220-8205 Main
281-446-2615 (24/7 HOTLINE)
1203 South Houston Ave, Humble, TX 77338

Counseling & referral services, and shelter for those affected by domestic or sexual violence. Sliding Scale Lambert Counseling: Family Foundations Parenting Class (Court ordered), Managing Your Emotions/ Anger Management (CPS requirements filled), Divorce: Putting the Children First (Spanish and English).

Fort Bend Women's Center

www.fbwc.org

Hotline: 281-342-4357

Main: 281-344-5750

501 E. Highway 90A

Richmond, TX 77406

Emergency shelter, counseling, case management, housing assistance, and legal and medical support. Specialize in domestic violence and assault.

Houston Area Women's Center

Domestic Violence

<http://www.hawc.org>

Hotline: 713-528-2121

Sexual Assault/Violence Hotline:

713-528-7273

1010 Waugh Dr., Houston, TX 77019

Provides shelter and counseling. Support Services, Legal and Financial Assistance Services. Children's Services (including day care, therapy for teens and more.)

Innovative Alternatives

www.innovativealternatives.org/

713-222-2525

1335 Regent Park Dr. Ste. 240, Houston, TX 77058

Counseling services in trauma, stress, anxiety, etc. Victims of Crime/Abuse are assessed by an intake coordinator who determines eligibility and if qualified, they receive 8 free sessions. Accepts insurance or a sliding-scale payment method for those uninsured.

SAFE (Self Abuse Finally Ends) Alternatives

<http://www.selfinjury.com>

Email: info@selfinjury.com

800-366-8288

Information helpline to stop self-injurious behavior.

The Bridge Over Troubled Waters

<https://tbotw.org/>

Main: 713-472-0753

Hotline: 713-473-2801

3811 Allen-Genoa Road, Pasadena, TX 77504

A crisis intervention program for women and children in crisis, including but not limited to victims of family violence and sexual assault. It is also an emergency shelter.

Treatment Placement Specialists

<https://www.acadiahealthcare.com/>

281-881-9109

Email:

Jade.McGowen@AcadiaHealthcare.com

TPS team will connect you with providers that offer care for the following:

Residential programming for mental health, alcohol, substance abuse, all eating disorders, and body dysmorphia. Partial hospitalization program, intensive outpatient program, traditional outpatient, aftercare and continuing care.

UnBound Houston

<https://www.unboundnow.org/>

Main: 346-313-7664

Hotline: 346-202-4299

1635 E. Broadway, Suite 113 Pearland TX 77581

Provides informative presentations on awareness/prevention of sex trafficking, presentations for teachers on signs of sex trafficking, presentations and a program for students to understand the addictive nature of pornography. This program's goal is to demonstrate long term effects of pornography and this will reduce demand for human trafficking victims and provide safety for our state's youth. Any individual identified as a victim of sex-trafficking will be provided resources, support services and advocacy. Victims may also be provided with food, clothes, jobs, and shelter.

Victim Crime Compensation: Crime Victim Services Division - CVC Program

<https://www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program>

800-983-9933

512-936-1200 (Austin)

Office of the Attorney General - MC011
PO Box 12198 Austin, TX 78711-2198

If you have been a victim of a violent crime, you may be eligible for these benefits when you apply. Approved applications may be awarded compensation for the following expenses related to the crime: medical, hospital, physical therapy or nursing care; psychiatric care or counseling, loss of wages due to medical treatment or participation in, or attendance at, the investigation, prosecutorial and judicial processes care of a child or a dependent loss of support funeral and burial

expenses, crime scene clean-up, replacement costs for clothing, bedding, or property seized as evidence or rendered unusable as a result of the investigation, attorney fees for assistance in filing the Crime Victims' Compensation application and in obtaining benefits, loss of wages and travel to seek medical treatment, one-time relocation expenses for family violence, human trafficking, and stalking victims or for sexual assault victims attacked in their own residence.

ALCOHOL/DRUGS

Al-Anon Family Group Services

<https://al-anon.org>

Meeting Information:

1-888-425-2666

Helps individuals dealing with alcoholism of a relative, friends, or employer. Alateen is a program for adolescents ages 12-19.

Alcoholics Anonymous Intergroup

www.aahouston.org

713-686-6300

5151 Mitchelldale, Suite B10 Houston, TX 77092

Maintains a support hotline and support group directory at all AA meetings in the Houston Metropolitan Area.

Alcohol Awareness Class/MIP

www.alcoholawarenessassociates.com

Texas Certified

281-359-6126

400 West Walker, League City, TX 77573

Provide DWI education programs for first time offenders.

Bay Area Council on Drugs and Alcohol

www.bacoda.org

1-800-510-3111

1300-A Bay Area Blvd., Ste. 239, Houston, TX 77058

Provides leadership and clinical expertise to prevent children from using drugs, help people recover, and protect families and communities from the dangers of

addiction. Individual Substance Abuse Counseling.

Cenikor Foundation, Inc.

www.cenikor.org

(281) 476-0088

4525 Glenwood Ave, Deer Park, TX 77536

Provides residential treatment to men and women ages 18 and older who have serious substance abuse problems. Private insurance is accepted and the agency offers assistance to those who qualify under the federal income scale.

Coalition of Behavioral Health Services

www.cbhshouston.org

713-426-2637 x4511

501 Garden Oaks Blvd, Houston, TX 77018

Online information for teens on how to help parents or friends struggling with alcohol, substance abuse treatment & prevention tips resource directory for adolescents.

Cocaine Anonymous

www.ca-texas.org

713-668-6822

Provides times and places of meetings for individuals dealing with cocaine addiction.

Devereux Texas Treatment Network

<http://www.devereux.org>

281-335-1000

1150 Devereux Dr, League City, TX
77573

Adolescent & Young Adult Residential Treatment for individuals who have mental illnesses, have delinquent behavior, impulsivity, learning disabilities, history of physical, sexual and/or emotional abuse and abandonment, have chronic medical conditions, and sexually inappropriate behavior. They provide intensive treatment and long-term treatment. *Other location: Victoria, TX.*

Legacy Club Alcoholics**Anonymous-Pasadena**

www.aahouston.org/locations/legacy-club-2/

713-346-6184

920 Austin Ave., Pasadena, TX 77502

Specializes in the treatment of alcoholism.

Narcotics Anonymous

<http://www.hascona.com>

713-661-4200

NA is a nonprofit fellowship or society of men and women for whom drugs have become a major problem. Provides 12 step meetings for one hour.

Odyssey House

www.cenikor.org/locations/adolescentresidentialtreatment

713-726-0922

5629 Grapevine, Houston, TX 77085

60 day drug residential facility for adolescents. Voluntary. Maximum of 90 day stay. Under Cenikor foundation.

Pasadena Health Center

www.pasadenahealthcenter.com

713-554-1091

908 Southmore, Ste 100
Pasadena, TX 77502

Provides help for alcohol and drug addiction. Also provides family counseling for adults and children. Primary health

care, Internal Medicine, Family Practice Medicine, Dental, X-ray, Radiology, Ultrasound, La/Vaccines, Mammography, Colon Cancer Screening, Food assistance, Sports Physicals. Medical Eligibility Enrollment services. Well Women/ Well child exams. Free Ride Program-Center will pick up and return patients within 15 miles of the center.

Palmer Drug Abuse Program – Houston

<http://www.pdaphouston.org>

281-589-4602 / 281-589-4833

3730 Kirby Dr, Ste 1200

Houston, TX 77098

Provides counseling and other support services to alcohol and drug abusers between the ages of 15 to 25. PDAP is a 12-step program of recovery that is non-sectarian and charges no fees for any of its services.

Phoenix House

<https://phoenixhousetx.org/>
(direct line).

Phoenix House provides addiction treatment and prevention services. Private Insurances, Medicaid, and will work with individuals without insurance.

Right Step

<http://www.rightstep.com>

713-766-4712

1235 Wood Bayou Dr.

Houston, TX 77013

Inpatient substance abuse treatment and medical detox for adults only.

Santa Maria Hostel

www.santamariahostel.org

713-691-0900

2605 Parker Road, Houston, TX 77093

Provides residential and outpatient substance abuse treatment and comprehensive continuum care for pregnant and/or parenting women and their children.

The Association for the Advancement of Mexican Americans AAMA Learning Center

<http://www.aama.org>

713-967-6700

6001 Gulf Fwy, Bldg E Houston, 77023

AAMA has empowered men, women and children to pursue their dreams and inspired leaders within the community.

The Bes Group & Associates/Solutions Plus

www.soyoulive.com

(832) 389-2982

722 Fairmont Pkwy, #200-210, Pasadena, TX 77504

Outpatient substance intensive & supportive care. Offers ambulatory detox, and educational class.
DWI/drug/offender/alcohol. Mental health counseling.

The Council on Recovery (Formerly TX Council on Alcohol & Drugs)

www.councilonrecovery.org

713-942-4100 | 713-914-0556

303 Jackson Hill Street, Houston, TX 77007

Alcohol and drug counseling services for youth and adults. Intensive outpatient substance abuse treatment for adults. Community education, info and referral.

The Montrose Center

<http://www.montrosecenter.org>

713-529-0037 (Main)

713-529-3211 (Helpline)

401 Branard St., Houston, TX 77006

LGBT support, counseling, helpline, HIV management, outpatient drug & alcohol dependency treatment.

The Turning Point Inc.

<http://www.ttpi.net>

713-773-3280

8101-F Airport Blvd, Houston, TX 77061

Holistic treatment of 13-24 weeks for teens (17 years and under) for substance abuse.

Unlimited Visions Aftercare

www.unlimitedvisions.org

713-534-8191

907 Preston Avenue, Pasadena, TX 77503

Adolescent outpatient, residential long and short term treatment for males. Outpatient treatment is intensive. Ages 13-17; 90 day substance abuse treatment program. Provides prevention and recovery support to educate children and parents about establishing boundaries and making healthy choices.

West Oaks Hospital

www.westoakshospital.com

713-995-0909

6500 Hornwood Dr, Houston, TX 77074

Follows the concepts of alcoholics anonymous, relapse prevention, life skills and family therapy. Inpatient care for children- 24 hour hospitalization, with mental health issues. Day treatment/ Outpatient chemical dependency.

BASIC NEEDS

Food, Clothing, Furniture, Housing

AIDS Foundation of Houston

www.aidshelp.org

713-623-6796

6260 Westpark Dr. Ste 100, Houston, TX 77057

9am-6pm: Assistance with housing and counseling for HIV and AIDS clients.

HIV and STI testing available.

Baker Ripley Cleveland

www.bakerripley.org/services/bakerripley-cleveland-campus

713-944-9186

Cleveland-Ripley Community Center
720 Fairmont Pkwy, Pasadena, TX 77504

Food pantry. Houston Food bank fair open to everyone first Tuesday of the month. Bring ID. Nutritionist 1st and 3rd Tuesday. Adult education, children programming, immigration and financial assistance when available.

Chinese Community Center

<http://ccchouston.org>

713-271-6100

9800 Town Park, Houston, Texas 77036

Childcare for toddlers or preschoolers, after school & summer camp youth program, adult education, and ESL classes.

Clothed by Faith

<https://www.clothedbyfaith.org/>

346-498-6638

438 E 8th St, DEER PARK, 77536

(in back building of Deer Park 1st Baptist)

Clothed By Faith provides one week's worth of clothing, shoes, new socks, and new underwear to children and adults in need throughout the Greater Houston area.

City of Pasadena Rental Assistance

<http://www.ci.pasadena.tx.us/>

713-475-5544

1149 Ellsworth Dr. 77506

This office handles only rental assistance inquiries. Waiting list may open in the future.

Community Family Center (formerly Chicano Family Center)

www.communityfamilycenters.org

713-923-2316

7524 Avenue E, Houston, TX 77012

By providing food, ESL and GED classes, early childhood education, dropout prevention programs and more, we support the disadvantaged and identify their needs. Offers parenting classes and summer programs.

Comprehensive Energy Assistance Program (CEAP)

www.tdhca.state.tx.us/community-affairs

2-1-1 (HELPLINE) 713-590-2327

The Comprehensive Energy Assistance Program (CEAP) is a federally funded program available to help low income households in Texas with their utility bills.

Covenant House

www.covenanthousetx.org

713-523-2231

1111 Lovett Blvd., Houston, Tx 77006

Assists youth in crisis situations with their residential problems, community services and activities destined to maintain youth outside of the streets. Shelter for homeless youth. No requirements, 24/7 day by day case. Intake will be conducted and moved to a program.

Family Promise

<https://familypromise.org/>

281-441-3754

2723 Lilac, Pasadena, TX 77503

Our mission is to help homeless and low-income families achieve sustainable independence. Offers a self-efficiency program for children. Requirements: must have children. Can be women with pregnancy. Foster care, adoption, pregnancy support, private infant adoption, and parenting programs

Family Thrift Outlet

<https://familythriftcenter.com/>

713-473-0298

2157 Red Bluff Rd. Pasadena, TX 77506

Hours: Mon, Tues, Fri, Sat from 9am-9pm; Wednesday from 7am-11:30am; Thursday from 7am-9pm and Sundays 12pm-7pm. Clothing is \$.25 cents on Wednesdays ONLY.

Financial Opportunity Center (FOC)

www.lisc.org

713-334-5700

1111 N. Loop W., Ste. 740, Houston, TX 77008

Facilitate a connection to closer facilities based on zip code provided.

Goodwill Industries

www.goodwill.org

713 692-6221

Assistance with clothes and furniture. Job training for young adults with disabilities.

Gulf Coast Community Services

www.gccsa.org

713-393-4700

9320 Kirby Dr. Houston, TX 77054

Assistance with food, mortgage, and rent. Also GED classes. Bring proof of identity and income. Provides early childhood education, such as Head Start.

Harris County HCPHES (WIC)

<http://www.hcphes.org>

WIC appointment line: 713-407-5800

2223 W Loop South, Houston, TX 77027

WIC provides nutrition education and counseling, nutritious foods, and help accessing health care to pregnant women, new mothers, and young children, infants that are low-income.

Harris County Social Services

<https://csd.harriscountytexas.gov/>

713-696-7900

9418 Jensen Dr, Houston, TX 77093

Assistance with rent, utilities, emergency shelter, nursing homes, indigent burial, medical transportation, and veteran services.

Houston Furniture Bank

<https://houstonfurniturebank.org/>

713 842-9771

8220 Mosley Rd.

Houston, TX 77075

Assistance with clothes and furniture.

Innovative Alternatives

www.innovativealternatives.org/

713-222-2525

1335 Regent Park Dr. Ste 240, Houston, TX 77058

Financial education and employment services and access to public benefits. Counseling and mediation services as

well. They offer 9 free sessions for victims of crime or abuse. Accepts insurance or a sliding scale payment method for those without insurance.

LIFE Houston-Local infant Formula for Emergencies

www.lifehouston.org

713-528-6044

Multiple Locations

Main office: 2002 South Wayside

Houston, TX 77023

Provides free food and formula to infants from birth to one year of age. Also, provides nutrition counseling, breastfeeding consultations, 12 visits up to age 1. Requirements: Photo ID of parent and child birth certificate. Amount depends on the child and availability.

North Pasadena Community Outreach

<https://www.npcocenter.org/>

713-473-6300

705 Williams St. Pasadena, TX 77506

Services: Food pantry, application assistance for: Medicaid, SNAP, Healthy Texas Women, and/or Gold Card. They offer free ESL, GED, Citizenship, CNA, Phlebotomy, as well as recreational classes.

Northwest Assistance Ministries

www.namonline.org

Main: 281-885-4555

Housing: 281-885-4595

Children's Clinic: 713-387-7180

Family Violence Center:

281-885-4673 or 888-750-4673

15555 Kuykendahl, Houston, TX 77090

Emergency basic needs and housing assistance, children, safety, and financial education

Operation I.D.

www.msmhouston.org

281-833-3508

5100 Travis St. Houston, TX 77002

Must have a referral from an agency for assistance with birth certificate, out of state birth certificate, driver's license, Texas ID card.

Pasadena Community Ministries

713-477-4336

Queens Park, 2301 S. Houston Road,
Pasadena, Texas 77502

Food pantry, assistance with rent and utilities, safety, and financial education. (Pasadena residents only.)

Sarah's Housewww.sarahshouse.org

713-475-1480

711 Perla, Pasadena, TX 77502

Provides emergency shelter, meals, clothing and basic necessities for homeless women and their children.

Society of St. Stephan/FUMC<http://www.firstumcpasadena.org/>

281-487-1774

1062 Fairmont Pkwy, Pasadena, TX
77504

Food/Utilities/Rent assistance \$75.
Tues-Thurs 10am-1pm.

Southeast Area Ministries (SEAM)

713-944-0093

Thrift Store 713-944-7405

2102 Houston Rd South Houston TX
77587

Past due Rent and utility assistance with the last \$100 of the payment. Clothing, household, hygiene assistance and food pantry serving these zip codes: 77017, 77034, 77061, 77087, 77089, 77075, 77587.

St. Pius Catholic Church<http://www.stpiusvchurch.com>

713-473-9484

281-317-0482 *for financial assistance*

824 Main Street, Pasadena, TX 77506

Food pantry and assisting with infant care.

St. Vincent de Paul<http://www.svdphouston.org>

713-862-2605

6654 Gulf Fwy. Houston, TX 77087

Food depot and thrift store. Provides food, clothing, furniture and financial assistance.

Star of Hopewww.sohmission.org

713-222-2220

2575 Reed Rd, Houston TX 77051

Transitional Shelter, first come first served for women and families.

Sunset Methodist Churchwww.sunsetumc.org

713-473-7657

709 Allendale Road, Pasadena, TX
77502

Food pantry-Must live in the Pasadena zip codes, or these two following zip codes: 77017 or 77587. Can only go once every 4 months to receive food.

Texas Health Health and Human Services Commission-Pasadena Office<https://www.hhs.texas.gov/>

713-947-8130

Fuqua Office: 713-946-6861

810 Preston Ave, Pasadena TX 77502

Provides Medicaid, SNAP, TANF, and CHIP etc.

Texas Lifeline Phone Bill Assistancewww.phone-bill-assistance.com/lifeline/TXwww.freegovernmentcellphones.net/state/s/texas-government-cell-phone-providers
1-866-454-8387

Discount phone service for low income families and individuals.

The House of Amos**La Casa de Amos**www.houseofamos.org

832-977-1208

11169 Beechnut St. Ste. G
Houston, TX 77072

Emergency food assistance, ESL and computer classes. Vaccines for free to any infant or child up to the age of 18. Serving free breakfast for school age children. Rent and utility assistance

application available online for zip codes 77036, 77042, 77072, 77082, 77099

The Houston Food Bank

www.houstonfoodbank.org

713-223-3700

535 Portwall St., Houston, TX 77029

Emergency food pantry/Assistance for TANF, SNAP, Medicaid and CHIP applications. Website can show various locations. The community resource center has appointment-based curbside pickup. Referrals to other programs, box program for elderly, backpack buddy program, and teacher aid. First time a person applies for SNAP will have access to the community resource guide.

The Original Charity Cars

www.freecharitycars.org

1-800-242-7489

407 Wekiva Springs Rd. #201,
Longwood, Florida 32779

Free cars for low income families. Apply online. Must be a US citizen, 18 years or older, and have a valid driver's license to apply.

The Salvation Army

<http://www.salvationarmyhouston.org>

713-378-0020

2732 Cherrybrook Ln, Pasadena, TX 77502

Food pantry is Mon-Thu: 1-2pm, Bag lunches: Mon-Fri: 1pm, 1st come 1st served. NO vouchers Utility Assistance as funding available, Meals on Wheels. Senior case manager is available in the morning.

Family Houston Financial Services

<http://unitedwayhouston.org>

281-282-6079

1300 Bay Area Blvd. Bldg A, Houston, TX

Provide emergency assistance; help plan budgets, save for a home or education.

- **City Wide Club**
713-752-2582
4900 Fournace Pl Suite 423.
Bellaire, 77401

- **Catholic Charities**
713-227-9981
326 S Jensen Dr, Houston,
77003
- **First Baptist Church**
713-957-5863
8009 Long Point Rd. Houston,
77055
- **Gulf Coast Community Services**
713-393-4700
9320 Kirby Dr, Houston, 77054
- **Harris County Social Services**
713-696-7900
9418 Jensen Dr, Houston,
77093
- **Sagemont Helping Hands**
281-922-6421
11600 Hughes Rd. Houston,
77089
- **Houston Housing Authority**
2640 Fountain View Dr,
Houston, 77057
- **Baker Ripley Utility Assistance Program**
713-590-2327
3838 Aberdeen Way Houston,
77025
- **Pasadena Community Ministries**
713-477-4336
2301 S Houston Rd Pasadena
77502
- **Riceville Baptist Church**
713-774-4880
11539 S Gessner Dr. Houston,
77071
- **Salvation Army**
713-378-0020
2732 Cherrybrook Ln
Pasadena, 77502
- **Southeast Area Ministries**
713-944-0093
2102 Houston Blvd. South
Houston, 77587
- **Texas LifeLine**
866-454-8387
- **St. Hyacinth Catholic Church**
281-479-4298
2921 Center St Deer Park,
77536
- **Wesley Community Center**
713-223-8131
1410 Lee St. Houston, 77009

CHILD CARE

AVANCE Pasadena Early Head Start

<https://www.avancehouston.org/locations/kruse/>

713-534-0350

400 Park Ln, PB#2, Pasadena, TX 77506

AVANCE Early Head Start Tegeler

<https://www.avancehouston.org/tegeler/>

713-740-0412

4949 Burke Rd Pasadena TX 77504

Foundation of education, and development of social emotional/motor skills, ages 0-3.

Child Care Licensing (TDFPS)

https://www.dfps.state.tx.us/child_care/

Austin (Statewide) 512-438-4800

Online search tool for childcare providers by county or city, age of child, type of care requested and other variables. Search can be limited to "special needs" only. Also provides information about child care licensing standards and procedures in Texas.

Collaborative for Children

www.collabforchildren.org

713-600-1100

1111 N. Loop W., Ste. 600, Houston, TX 77008

To speak with a Parent Educator/Consultant about Child Care Resources and Referrals call 713-600-1234. Also provides parenting classes. Multiple locations in the Pasadena area for child care.

Head Start GCCS

<https://www.gccsa.org/early-childhood-education/>

713-472-9685

902 S. Wafer, Pasadena, TX 77506

Income based preschool education for children 3 years old. Children with

disabilities can be 3-5 years old and must be diagnosed from the District.

Head Start Program (HCDE)

www.hcde-texas.org

713-477-1653/ 713-393-4728

611 South Richey, St. #B Pasadena, TX 77506

Ages 3-5 preschool education with income and or disability requirements.

Multicultural Education & Counseling through the Arts (MECA)

www.meca-houston.org

713-802-9370

1900 Kane St., Houston, TX 77007

Tutoring, mentoring, after-school programs, art education, and summer arts programs.

The Association for the Advancement of Mexican Americans

www.aama.org

713-967-6700

6001 Gulf Fwy Bldg. E, Houston, TX 77023

Pre-K 3 8-11:30-12-3:30 Free Under 3
NCI accepted

Worksource/NCI Child Care

www.wrksolutions.com

713-576-2580

12148 B Gulf Fwy, Houston, TX 77034

Those eligible for child care assistance include children under the age of 13: • whose parents are full time students * whose parents are receiving or transitioning off public assistance; • who are receiving or needing protective services; • or whose families are low-income. (Emergency Child Care for the Homeless). Provide assistance finding employment.

SPECIAL NEEDS

Early Childhood Intervention Services

<https://www.hhs.texas.gov/services/disability/early-childhood-intervention-services>
1-877-787-8999

Statewide program for families with children (birth to 3 years old) with disabilities and developmental delays.

Easter Seals Disability Services

<http://www.eastersealshouston.org>
713-838-9050

4888 Loop Central Dr, Ste. 200, Houston TX 77081

Variety of services that aim to improve the lives of children ages birth to 21 years old who live with all types of disabilities.

Bridge apps - helps those that can't communicate learn communication skills with ipads/electronics. Respite care - offer 24 hours of care per month. Thrive - for basic needs such as utility services, or food, which they can get 2 times a year. Provide and have occupational therapy, ECI, Veterans program.

Family to Family Network

www.familytofamilynetwork.org
713-466-6304

16225 Park Ten Place, Ste. 500, Houston, TX 77084

The Mission of Family to Family Network is to help families of children with disabilities by providing information, training, referral, and support. Helps parents learn about their rights and how to advocate for their child. Provide referrals for various needs, such as help to pay for medication or therapy etc.

Harris County RIDES

<http://harriscountyrides.com>
713-368-RIDE (7433)

8410 Lantern Point, Houston, TX 77054

RIDES is an option for people for whom public transportation is either unavailable or inaccessible — helping eligible residents make doctor's appointments, do Grocery shopping or otherwise just get

around and remain independent. Harris County covers half of the cost of a taxi ride while a person with a disability pays the other half of the cost.

Residents of Pasadena that are 18 and older with a disability or age 64 and older can apply for \$75.00 taxi assistance monthly by applying online:

www.pasadenatx.gov/rides physical address 311 San Augustine Ave Pasadena TX to schedule an appointment 713-920-7988.

Medicaid Waiver Programs

<https://www.navigatelifetexas.org/en>

Interest Lists (Medicaid Waiver Lists).

There are several programs in Texas that provide long-term services and support for children and adults with disabilities. They include HCS, CLASS, Texas Home Living, MDCP and DBMD. Eligibility is based on the child's level of need, not on the family's income. Therefore, parents do not need to be on Medicaid in order for their child to participate in these programs. In Texas, the waiting list to receive Medicaid waiver services is very long (5-10 years), so it's important to get your child's name on the interest list as soon as possible by calling the numbers below. Please sign up children as soon as you know they will live with lifelong disability. It also assists with respite, therapies, attendants, transportation and other therapeutic programs, independent living and or work programs as well as home based care.

1. **HCS (Home and Community Based Services)**
713-970-7799. First Time Sign Up (8-10 years)
2. **HCS**
713-970-3449- Check on Status of interest list of HCS
3. **CLASS (Community Living and Support Services)**
877-438-5658 (11 years)
4. **MDCP (Medically Dependent Children's Program)**
877-438-5658 (8 years)

5. DBMD (Deaf Blind Multiple Disability Program)
877-438-5658 (5 years)

Navigate Life Texas
NavigateLifeTexas.org

An online resource for kids with disabilities and special health care needs.

Next Step Transition Center, LLC
<https://www.nextsteptransitioncenter.org/>
832- 429-3703
229 E. Vaughn Lane, Deer Park, TX 77536

Ages 18+ day habilitation. Young adult program provides a "college-like experience". A program where young adults can continue learning and growing towards independence and community integration.

Houston Branch of the International Dyslexia Association
www.houstonida.org
713-364-5177
P.O. Box 980413, Houston, TX 77098

Dyslexia education and referral services.

Special Olympics
www.specialolympics.org

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

The Independence Village
www.ivillagetexascity.org
409-935-4335
905 Highway 3 N, Texas City, TX 77591

The Independence Village is a welcome option for adults with developmental and/or physical disabilities. The Independence Village offers room & board in a comfortable, supervised, family

setting. We provide a safe home with private living quarters. Balanced meals and assistance as needed with daily responsibilities. We encourage independence and promote community integration by maintaining an active presence in the area, holding fundraisers and participating in area events. Have to be 19+ years old, private pay only, 12 suites, for a shared room it is \$1400 a month, and must have a primary diagnosis of intellectual or developmental disabilities.

The Sailing Angels Foundation
www.sailingangels.org

281- 507-1867

Sailing Angels introduces the joy of sailing to children with special cognitive and physical needs (e.g. Autism, Down Syndrome, Cerebral Palsy, Multiple Sclerosis, Blindness, Deafness, ID, physical mobility issues, etc.), as an opportunity for education and recreational therapy. Sailing adventures are provided at no cost to the participants.

Texana Center (1115) Waiver
www.texanacenter.com

281-239-1300

4910 Airport Ave., Rosenberg, TX 77471
Crisis Hotline: 1 (800) 633-5686

Provides applied behavior analysis therapy to children and adults with intellectual developmental disability including Autism. Provides home based services to address behaviors including most severe behavior disorders. Patients must have medicaid or private insurance.

Texas Workforce Vocational Rehabilitation: Department of Assistive and Rehabilitative Services:
<https://www.twc.texas.gov/jobseekers/vocational-rehabilitation-services>

281-454-2300 General

281-755-6843 Transition

4111 Fairmont Pkwy, Pasadena, TX 77504

The Vocational Rehabilitation program helps people with disabilities prepare for, find or retain employment and helps youth and students prepare for post-secondary opportunities. The program also helps

businesses and employers recruit, retain and accommodate employees with disabilities. Youth and Student Transition Services/Vocational Rehabilitation Services/ Blind & Visually Impaired Services/Criss Cole Rehabilitation Center /Independent Living Services for Older Individuals Who Are Blind/Business Services - Vocational Rehabilitation /Service Animal Information.

University of Houston Families Can
<https://uh.edu/education/pep/families-can/>
(713) 743-5491
4800 Calhoun Road, Houston, Texas
77204

Provides a range of support services to empower and support families who are caring for children with chronic illnesses and physical disabilities. There is no cost for services. Services include: Transition into adulthood Workshops. Information and opportunities to participate in recreational programs. Information of programs and services in the region for parents and children with disabilities.

The Arc of Greater Houston

<http://www.aogh.org/>
713-957-1600
9401 Southwest Fwy, 12th floor.,
Houston, TX 77074

The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

ASPIE of Houston – Asperger's Syndrome (Parent-Professional Information Exchange)
<https://www.facebook.com/ASPIE-of-Houston-108798312487008/>
Memorial Drive United Methodist Church
12955 Memorial Drive, Houston, TX
77079

Sugarland Baptist Church
16755 Southwest Freeway, Sugar Land,
TX 77479

Quarterly Newsletters

Urban Special Education Leadership Collaborative

<http://www.urbancollaborative.org>
617-969-7100 x2447
480-727-5060

Leadership development for children and youth with disabilities; community advocacy.

Verne Cox Center

www.ci.pasadena.tx.us
713-848-5343
5200 Burke Rd., Pasadena, TX 77504

The Verne Cox Multipurpose Recreation Center is a recreation center located in Pasadena, Texas which provides recreational programs, events, and serves the youth and adults with intellectual or physical disabilities. The Verne Cox Center is a division of the Parks & Recreation Department of the City of Pasadena.

AUTISM

832-721-8537 (Group facilitator)

Resources and support groups for parents and professionals related to AS children, adults, and teens. Have to be in high school or older, the group is about 25-30 people. Relaunched assistance with finding employment.

Avondale House

www.avondalehouse.org
713-993-9544
3737 O'Meara Dr., Houston, TX 77025

Provides residential homes, and school for children and youth with autism and other pervasive developmental disorders. Wait list of 3 years. Adult day hab and employment services.

Families for Effective Autism Treatment

<http://www.feathouston.org/>
281-361-3328

1120 Medical Plaza Dr., Suite 100, The Woodlands, TX 77380
FEAT-Houston is a non-profit organization that provides information and training on treating individuals with autism spectrum disorder using techniques based on applied behavior analysis (ABA).

Houston-Autism Society of Texas Group

<https://www.facebook.com/groups/1737737656383570/about>

Group is for autistic adults, and parents and caregivers of autistic children, teens and adults who live in the Greater Houston area.

Texas Children's Hospital Autism Center

<https://www.texaschildrens.org/departments/autism-center>

832-822-1900
8080 N. Stadium Drive, Houston, TX 77054

Diagnostic evaluations and recommendations for care for individuals with autism.

The Autism Center at the Children's Learning Institute

www.childrenslearninginstitute.org

832-822-3704 or 713-500-3777 & 713-500-8300

7000 Fannin, Suite 2300, Houston TX 77030

Assessment for ages 18 months to 8 years old.

University of Houston – Clear Lake Center for Autism and Developmental Disabilities

<https://www.uhcl.edu/autism-center/>

281-283-3452

2700 Bay Area Blvd, Houston, TX 77058

Provide services to children and their families through a variety of programs, including Autism Assessment Services, Severe Behavior Disorders Clinic, Verbal Behavior Clinic, Focused Intervention Services (Project ABA-skip), Connecting the Dots (parent training program), Vocational Services, and a monthly Speaker Series.

COUNSELING & MENTAL HEALTH

Anchor Point

www.anchorpoint.us

1-877-226-8780

3201 FM 2004, Texas City, TX 77591

Behavior and psychiatric clinic for ages 3-18 for Galveston county residents. Clients 18+ can be referred to an adult clinic.

Attention Deficit Disorders Association Southern Region

www.adda-sr.org

281-894-4932

9597 Jones Road, #334, Houston, TX 77070

Support groups/general education for those affected by Attention Deficit Disorder or Attention Deficit Hyperactivity Disorder.

Bay Area Turning Point

www.bayareaturningpoint.org

281-286-2525

210 South Walnut Street, Webster, TX 77598

Bay Area Turning Point offers a wide range of services assists survivors of family violence, sexual assault and homelessness. BATP provides individual and group therapy for ages 3 years and up.

Bilingual Psychological Associates

<http://houstonautismcenter.com/index.htm>

713-939-1229

5246 Dow Rd., Houston, TX 77040

Counseling and mental health services provided for all ages.

Brazoria County Youth Behavioral Health Clinic

1-800-643-0967

2352 E. Mulberry, Angleton, TX 77515

Yes Wavier Program (a state benefit with intensive services). Youth Mental Health clinic services.

Bo's Place

www.bosplace.org

713-942-8339

10050 Buffalo Speedway, Houston, TX 77054

Provides grief support groups to assist both children and families grieving the death of a loved one. Also, provides an information and referral line to over 100 free adult grief groups, community education and training service to provide information and training related to grief support services.

Catholic Charities of the Archdiocese of Galveston-Houston

www.catholiccharities.org

713-526-4611 (Office) 1-866-649-5862 (Toll free)

2900 Louisiana Street, Houston, TX 77006

Adoption, foster care, counseling, and refugee youth support.

Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD)

<https://chadd.org/>

Education, advocacy and support.

Clearhope Counseling

www.clearhopecounseling.com

Main Line: 281-769-2238

5151 E Sam Houston Pkwy S, Pasadena, TX 77505

HOPE has been defined as grounds for believing that something good may happen. It is the want for something to happen or be the case, and to intend to do something. HOPE often needs help to have life, to take flight, and to possess courage. Clearhope Counseling Center intends to provide the support needed to

discover and strengthen HOPE. Clearhope Counseling serves individuals, couples, families, teens and children, specializing in trauma informed care. Provides therapy in office or school.

Communities in Schools

www.communitiesinschools.org

713-591-3005

4005 Technology Dr. #2150; Angleton, TX 77515

Provides guidance counseling and family case management to students at risk of dropping out.

Community Family Center (formerly Chicano Family Center)

www.communityfamilycenters.org

713-923-2316

7524 Avenue E Houston, TX 77012

Provides food, ESL and GED classes, early childhood education, school dropout prevention programs and more. Supports the disadvantaged and identify their needs. Offers classes for parents and summer programs. Food pantry zip code restricted to the following zipcodes: 77011, 77012, 77013, 77015, 77017, 77023, 77029, 77087, 77530, 77536, 77547. Youth department has summer camps yearly. All services are provided virtually until further notice.

Community Health Network (CHN)

<https://mychn.org/>

281-824-1480

6243 Fairmont Pkwy STE 204 & 205, Pasadena, 77505

10851 Scarsdale Blvd Ste 160 Houston, 77089

Community Health Network (MyCHN) offers same-day visits for medical, OB/GYN, psychiatric, counseling, dental, and pediatric services. Patient-exclusive pricing when you use our pharmacy services.

Covenant House Texas

www.covenanthouse.org

713-523-2231

1111 Lovett Blvd, Houston, TX 77006

Transition housing, crisis care, health care, and counseling for homeless youth.

Crisis Intervention of Houston

www.crisishotline.org

832-416-1177 – Crisis Hotline

832-416-1199 – Crisis Teen Line

281-201-4430 – Teen Text Hotline

3701 Kirby Drive, Suite 540, Houston, TX 77098

24/7 Hotline, counseling & referral services.

DePelchin

www.depelchin.org

713-730-2335

4950 Memorial Drive, Houston, TX 77007

Community-based counseling services. No-Fee Individual and Family Therapy, Parenting support and Referral Assistance for children 0-17 and their families living in Harris County. Also, ParentingHELP is a program with general and special needs curriculum in the home provided by a therapist. Foster care, adoption, pregnancy support, private infant adoption, and parenting programs.

Dispute Resolution Centers

www.harriscountytexas.gov/drc

713-274-7100

49 San Jacinto, Ste. 220, Houston, TX 77002

Alternative resolution to disputes without costly court proceedings. Free mediation services to residents of Harris County. Services are offered to those who live outside of Harris County with an out-of-county fee.

Dr. Janice M Beal & Associates

832-740-4642

2656 South Loop West, Ste 250, Houston, TX 77054

Counseling services for children, adolescents, and adults.

El Centro de Corazón

www.elcentrodecorazon.org

7037 Capitol St.

Houston, TX 77011

713-660-1880

Women: (713) 660-1880

7635 Canal St. Houston, TX 77012

Pediatrics: 412 Telephone Rd Houston, TX 77023

General medicine: several locations.

Psychiatric services for ages 4-17.

Primary health, behavioral health and dental services provided.

ESCAPE Family Resource Center

www.learntoparent.org

713-942-9500

2410 Hamilton St., Houston, TX 77004

Provides family-focused, culturally and ethnically relevant programs for families in crisis delivered at central site and in various neighborhoods.

Family Service Center

www.familyhouston.org

713-861-4849

Services include individual and family counseling, and education, school-based services, family and senior support services. Financial coaching offered to veterans. Services are provided virtually or over the phone.

Email: family@familyhouston.org

Gulf Coast Center

<http://gulfcoastcenter.org>

1-800-643-0967 (Main)

866-729-3848 (24-Hour Crisis Line)

1-800-643-0967 (COVID Support Line)

24/7 hotline and mental health services for Galveston/Brazoria Counties.

Harris County Youth Services Center

<http://www.hc-ps.org/>

713-295-2500

6300 Chimney Rock Rd., Houston, TX 77081

24/7 Crisis intervention, assessment & referrals, counseling, emergency shelter; 24-hour intake center for youth, age 10 to 16.

Harris Health Systems**Behavioral Health**

www.harrishealth.org

Pediatrics: 713-873-5437

Adult Services: 713-526-4243

Please contact your personal physician or medical home team for a referral, or request an appointment through MyHealth online.

https://myhealth.hchdonline.com/MyChart/_Therapy, psychiatric and medical services.

Houston Area Women's Center

www.hawc.org

Sexual Assault Hotline: 713-528-7273

Domestic Violence Hotline: 713-528-2121

Main: 713-528-6798

1010 Waugh Drive, Houston, TX 77019

Due to COVID-19, services have moved virtually. Provides counseling, safe emergency shelter, advocacy, and support services to all survivors of sexual assault and domestic violence.

Houston-Galveston Institute

<http://www.hgi.counseling.org>

832-471-6538

2116 Thompson Rd, Suite 107,
Richmond, TX 77469

Walk-in psychotherapy Saturdays, sliding scale starting at \$25.00. Offers ongoing general counseling and therapy for individuals, children, families, couples, marriage counseling. Offers in-person and virtual appointments.

Hospice at the Texas Medical Center

www.houstonhospice.org

Main: 713-467-7423

Admissions: 713-468-2441

1905 Holcombe Blvd, Houston, TX 77030

The Hospice focuses on pain and symptom control in both the patient's home and its own inpatient facility utilizing an interdisciplinary team consisting of doctors, nurses, home health aides, social worker, chaplains, and volunteers.

Houston Police – Crisis Intervention Team

<https://www.houstoncit.org/cirt/>

832-394-4200

If there is NOT AN IMMEDIATE THREAT OR DANGER, but someone is acting out due to his/her mental state, and you live in the City of Houston, call the Houston Police Department's non emergency

number (listed above) and request that a Crisis Intervention Team be dispatched to the location of the incident.

Monarch Family Services

<http://monarchfamilyservices.com/contact-us/>

281-236-3989

3730 Kirby Drive Ste 904 Houston, TX 77098

Counseling, skills training, psychological testing, and case management to address needs of families living in poverty.

InnerWisdom Counseling Center

www.innerwisdom.com

713-592-9292

10777 Stella Link Road, Houston, TX 77025

Full service, outpatient mental health facility; evaluation and treatment. Outpatient services are limited and serviced on a first-come; first-serve basis.

Innovative Alternative

www.innovativealternatives.org/

713-222-2525

1335 Regent Park Dr, Houston, TX 77058

Financial Education and coaching, employment services and access to public benefits. Counseling and mediation services as well. 8 free sessions for victims of crime and or abuse. Accepts insurance or a sliding-scale payment method for those uninsured.

Jewish Family Services

www.jfshouston.org

713-667-9336

4131 S. Braeswood, Houston, TX 77025

Counseling for children, adolescents, and families. Financial Department.

Journey through Life

www.journeythroughlifellc.com

24-hour crisis line: 832-933-8000

Main: 832-431-4246

2656 South Loop West, Suite 430,
Houston, TX 77054

Offers individual and family counseling, psychiatric services, targeted case

management in-home, office, or virtual services. Accepts only Medicaid.

Krist Samaritan Center

www.samaritanhouston.org

281-480-7554

16441 Space Center Blvd, Bldg C, Suite 100, Houston, TX 77058

Faith sensitive counseling for children, adolescents, adults, couples, and families. Psychological, psychoeducational, and vocational testing. Family and divorce mediation. Academic tutoring. Irlen diagnostic screenings, overlays, and tinted glasses. Speech-language therapy. Congregational care and support. Pre- and post-graduate level professional training. Continuing education and community training events. Accepts most major insurance plans, including Tricare, Medicare, and Medicaid, and also provides services on an adjusted fee scale for individuals and families that are uninsured or under-insured.

Legacy Community Health

www.legacycommunityhealth.org/contact-us/

832-548-5000

3430 Center St., Deer Park, TX 77536.

To call: 281-628-2040

5616 Lawndale St., Houston, TX 77023.

To call: 713-921-0075

More locations in Harris County. Provides Primary Health Care to children and adults. Psychiatry and Behavioral health. OB and other health services. Federally qualified health centers eligibility for free to low cost services.

Memorial Hermann Crisis Clinics

<https://memorialhermann.org/services/specialties/mental-health>

(713) 338-6422

Multiple Locations

Short-term prescriptions. Connecting patients to a more permanent medical home and outpatient psychiatric treatment. Brief crisis counseling. Safety planning. Evening/weekend availability varies by location.

Memorial Parks Psychiatry

<https://memorialparkpsychiatry.com/>

713-864-6694

550 Westcott, suite 520, Houston, TX 77007

Provides psychiatry and therapy for children starting age 5 to adulthood.

Mental Health America of Greater Houston

www.mhahouston.org

713-523-8963 (Main)

2211 Norfolk, Suite 810, Houston, TX 77098

Work to promote mental health and improve the care and treatment of persons suffering with mental illness through education and advocacy.

Mobile Crisis Outreach Team (Harris County)

<https://www.theharriscenter.org/Services/Our-Services/Comprehensive-Psychiatric-Emergency-Program>

713-970-7520 (HOTLINE)

713-970-7000 (Option 1 - 24hr Crisis Line)

On-site crisis intervention & assessment; sees people at home, at school, on the street, or anywhere in the community to provide emergency care to people in mental health crisis.

National Alliance on Mental Illness – Greater Houston

<http://namigreaterhouston.org>

713-970-4419 (Main)

713-970-4483 (Warmline)

9401 Southwest Freeway, Suite 1234, Houston, TX 77074

Free and open to anyone affected by mental illness, free mental health education classes.

Email: info@namigreaterhouston.org

National Human Trafficking Resource Center

<http://www.traffickingresourcecenter.org>

1-888-373-7888 (HOTLINE)

24/7 Hotline, info and referral. 233-733 Text line/webchat.

National Suicide Prevention Lifeline

<http://www.988lifeline.org>

Lifeline Chat:

<https://suicidepreventionlifeline.org/chat/>

1-888-628-9454

24/7 Crisis Hotline: 988

Prevention line: 1-888-628-9454

24/7 Crisis intervention, suicide prevention.

Lifeline Twitter - @800273TALK

Veterans Crisis Line:

Call 988 or text 838255

Disaster Distress Helpline:

Call 1-800-985-5990 or text

1-800-985-5990

New Dimensions Day Treatment Centers

<https://www.nddtreatment.com/>

For all locations, call 1-800-685-9796.

Clear Lake location:

1-800-685-9796

1345 Space Park Dr., Ste C, Houston, TX 77058

The Woodlands location:

1-800-685-9796

25511 Budde Rd., Ste. 2401, The Woodlands, TX 77380

Katy Location:

1-800-685-9796

607 Park Grove Dr., Ste. A, Katy, TX 77450

Adolescent (13-18 years old) behavioral health/chemical dependency programs.

Nick Finnegan Counseling Center

www.finnegancounseling.org

713-402-5046

2714 Joanel Street, Houston, TX 77027

Individual & family therapy for children including those younger than 4-years-old. Due to COVID-19, support groups are canceled until further notice.

North Shore Counseling Center

www.nshore.cc

713-637-6000

331 Freeport Street, Houston, TX 77015

Individual and family therapy, substance abuse education, psycho-educational diagnosis assessments.

Open Door Mission

www.opendoorhouston.org

713-921-7520

5803 Harrisburg, Houston, TX 77011

Open Door Mission is a faith and evidence based recovery and rehabilitation facility dedicated to transforming the lives of the most severely addicted, destitute, homeless and disabled men in our community. Free services.

Email: info@opendoorhouston.org

Pasadena Health Center

www.pasadenahealthcenter.com

713-554-1091

908 Southmore, Ste 100., Pasadena, TX 77502

Provides help for alcohol and drug addiction. Family Counseling adults and children. Primary health care, Internal Medicine, Family Practice Medicine, Dental, X-ray, Radiology, Ultrasound, La/Vaccines, Mammography, Colon Cancer Screening, Food assistance, Sports Physicals. Medical Eligibility Enrollment services. Well Women/ Well child exams. Free Ride Program-Center will pick up and return patients within 15 miles of the center.

Proact

www.pro-act.com

713-475-0072

2601 Pasadena Blvd., Pasadena, TX 77502

Major insurances – fee-based starting at \$60.00 a session. Takes into account the spiritual as well as the psychological and physical aspects of mental health and relational issues. Provides counseling for teenagers, adults, and senior adults. Also, provide marriage and family counseling. Provides individual therapy for adolescents and adults, group therapy, premarital and marital counseling, family counseling, career counseling, divorce counseling.

Re:Mind Depression and Bipolar Support

<https://www.remindsupport.org/>
713-600-1131

Multiple locations

P.O. Box 27607, Houston, TX 77227

Support groups for individuals living with, or family and friends affected by, depression and bipolar disorders.

Stephen Ministries Gloria Dei Lutheran Church

www.gdlc.org

281-333-4535

18220 Upper Bay Rd., Houston, TX 77508

Counseling provided by layperson.

Texas Children's Psychiatry Clinic (Meyer Center for Developmental Pediatrics)

www.texaschildrens.org

832-822-1900 (New Patients)

Critical Care Center (17th floor)

8080 N Stadium Dr., Houston, TX 77054 - Meyer Center

Medication management and psychiatric evaluations.

Texas Children's Center for Women and Children Greenspoint

www.thecenter.texaschildrenshealthplan.org

832-828-1005 (Main)

700 N. Sam Houston Pkwy. W., Houston, TX 77067

9700 Bissonnet St., Houston, TX 77036

On-site behavior team to address all needs including behavioral and emotional issues. In person and telehealth appointments. Check-ups, eye-tests, screening and prescriptions, teeth cleaning and cavities, OB/GYN doctors, lab tests, in house pharmacy, and speech therapy. Clinics may provide transportation reserved ahead of time, preferably with a minimum of 72 hours ahead of appointment.

Texas Children's Health Center Sugar Land

<https://www.texaschildrens.org/locations/sugar-land>

281-494-7010

15400 Southwest Fwy., Ste.200, Sugar Land, TX 77478

Provides psychiatric evaluations and psychological assessment and treatments along with other services such as adolescent medicine, allergy and immunology, audiology, cardiology, dermatology, developmental pediatrics, diabetes and endocrine, diagnostic services, gastroenterology and nutrition, gynecology, neurology, ophthalmology, otolaryngology, pediatric surgery, pulmonary, physical medicine and rehabilitation, rheumatology, and urology.

Texas Children's Hospital Eating Disorders Program

<https://www.texaschildrens.org/departments/adolescent-medicine/eating-disorders-program>

832-822-2778

Inpatient and outpatient treatment services for eating disorders such as anorexia nervosa, bulimia nervosa, binge eating disorder or compulsive overeating, unspecified feeding or eating disorder, other specified feeding or eating disorder and avoidant restrictive food intake disorder.

Texas Children's Hospital West Campus (I-10 & Barker Cypress)

<https://www.texaschildrens.org/departments/texas-childrens-hospital-west-campus>

832-227-1000

18200 Katy Freeway, Houston, TX 77094

Continuum of care for patients 12 to 24 years of age who struggle with disordered eating, outpatient and inpatient treatment.

The Adolescent Center Mental Health Services.

<https://www.theadolescentcenter.com>
832-484-2635

Individual and Family therapy, psycho assessment. Also offers telehealth services.

Email us:

admin@theadolescentcenter.com

The Center for Success & Independence

<http://www.tcsi.org>

713-426-4545

3722 Pinemont Drive, Houston, TX 77018

Residential treatment center for adolescents (12-17 yrs) with behavioral issues, addictive disorders, trauma, or emotional distress. IOP Intensive Outpatient treatment.

The Healthy Weigh

713-622-6422

5959 W. Loop S., Ste. 260, Bellaire, TX 77401

Nutritional counseling services for children and adolescents.

The McLean OCD Institute at Houston

<http://houstonocdprogram.org>

713-526-5055

708 E. 19th Street, Houston, TX 77008

Adolescent intensive outpatient program; specialty treatment for anxiety, phobias and depression, and treatment for obsessive compulsive disorder (OCD).

The Montrose Center

www.montrosecenter.org

713-529-0037 (Main)

713-529-3211 (LGBTQ Helpline)

401 Branard Street, Houston, TX 77006

LGBT support, counseling, helpline, outpatient drug & alcohol dependency treatment, teen support groups, HIV/AIDS support.

Thomas Street Health Center

<https://www.harrishealth.org/locations-hh/Pages/thomas-street-health-center.aspx>

713-873-4000

3601 North MacGregor Way, Houston, TX 77004

Freestanding HIV/AIDS clinic; provides medical care & psychological & social services to those diagnosed positive.

The Children's Assessment Center

www.cachouston.org

1-800-252-5400 (Abuse HOTLINE)

713-986-3300 (Main)

2500 Bolsover Street, Houston, TX 77005

Serves children under the age of 19 who are alleged victims of child sexual abuse, sexual exploitation or human trafficking, severe physical abuse, and witnesses to violent crimes. There is no fee for services, and all children who qualify and need help to receive the same quality of care. E-mail info@cac.hctx.net

The Harris Center (formerly known as MHMRA)

www.harriscenter.com

713-970-7000 | 866-970-4770 (Toll free)

9401 SW Freeway Houston TX 77074

Provides comprehensive mental health services to children/adolescents and their families from age 3 to 18. This agency also provides mental health services to adults. Services include psychiatric assessment, medication management, nursing services, therapy services, case management services, skills training to both parents/guardians and to the children, patient, and family education to help the patient and the family understand the diagnosis and treatment that best suits the needs of the patient. Services are provided at the various clinics throughout Houston, in the homes and in the schools of the children. Children are placed on waiting lists for (HCS) for state services for children with special needs for support in the community.

The Texas Youth Hotline

<https://www.dfps.state.tx.us/Youth-Helpline/default.asp>

24/7 or text 1-800-989-6884 or chat via the website link:

<https://m2.icarol.com/ConsumerRegistration.aspx?org=53538&pid=275>

The Texas Youth Helpline provides free and confidential services to youth, their parents, and other family members of youth in crisis who need help finding a counselor, safe shelter, legal information, other local referral information, or just someone to talk to for support and comfort.

The Lucine Center for Trauma and Grief

<https://lucinecenter.com>
832-244-9502

Provides evidence-based risk screening, assessment, and interventions for youth aged 7 to 17, who have experienced traumas and/or losses, including the death of loved ones. Free and all virtual services.

Tri-County Services

www.tricountyservices.org
1-800-659-6994 (24/7 Crisis Hotline)
1-800-550-8408 (Routine Services)
936-538-1102 (Psychiatric emergency treatment)

TRIAD Prevention Program

<https://resources.harriscountytexas.gov/Our-Services/Services-for-At-Risk-Youth/TRIAD-Prevention-Program>
713-295-2600
6300 Chimney Rock Rd. Houston, TX 77081

TRIAD is a consortium of three county agencies (HCPS, Harris County Juvenile Probation, and the Harris Center for Mental Health and IDD) working together. There are nine programs that operate under the TRIAD program such as intake diversion, parenting with love and limits, Parent/teen survival, TRIAD Mental Health, Community Youth Development, Youth and Family resource services, Community Youth Development (Pasadena ISD), JP Court Liaison, and JP court wrap.

United Way Info & Referral Services

2-1-1 (24/7 HELPLINE)
50 Waugh Drive, Houston, TX 77007
<https://unitedwayhouston.org/>
Crisis intervention, referral services, mental health counseling, food pantries, COVID testing and information, prescription assistance etc.

Lone Star Circle of Care

<https://lonestarcare.org/services/>
1-877-800-5722
1200 Binz St. Suite 270, Houston, TX 77004

The Psychology Research and Services Center has merged its psychotherapy and counseling services with the Lone Star Circle of Care at UH, which offers a full range of behavioral health services for children, adults, and families. We provide a wide range of psychological testing and evaluation services for children and adolescents on a sliding fee scale.

For neuropsychological evaluations for children only call: 832-842-2006

Couples therapy - for appointments email: couples@uh.edu

For adult testing- neuropsychological evaluations will be referred to U of H Clear Lake and other agencies. U of H Clear Lake - 281-283-3330.

Yes Waiver

www.hhs.texas.gov/services/mental-health/substance-use/childrens-mental-health/yes-waiver
(713) 970-7212

Eligibility must call and leave a message. Medicaid waiver for children that have received at least one year of treatment for mental health or history of psychiatric hospitalizations. Provides wrap around services, alternative therapies, recreation and comprehensive services. They can assist families with applications for Medicaid to help them become eligible.

PSYCHIATRIC HOSPITALS

Cypress Creek Hospital

www.cypresscreekhospital.com
281-586-7600
17750 Cali Drive, Houston, TX 77090

Outpatient location: 7825 Highway 6 North, Suite 112, Houston, TX 77095

Variety of services for adolescents ages 12 to 17 who are experiencing emotional

and behavioral problems; inpatient / day treatment / outpatient and chemical dependency.

Harris Health

Neuropsychiatric Center

713-970-8210 (HOTLINE)

713-970-7000

1502 Ben Taub Loop, Houston, TX 77030

24/7 crisis and emergency center; main public mental health emergency program in Harris County.

Harris County Psychiatric Hospital

<https://hcpc.uth.edu>

713- 741-5000

2800 S. MacGregor Way, Houston, TX 77021

Inpatient and outpatient hospitalization for acute psychiatric care.

Houston Behavioral Healthcare Hospital

www.houstonbehavioralhealth.com

832-834-7710

2801 Gessner Road, Houston, TX 77080

Inpatient/outpatient (ages 13 and above) care for behavioral health issues.

John S. Dunn Behavioral Sciences Center

www.go.uth.edu/dunn

713-500-1500

5615 H. Mark Crosswell Jr. St.

Houston TX 77021

24/7 assessment and admission. Board certified physicians and licensed professional staff. Discharge planning and collaboration with providers. Family and group therapy. Medication mgt. Family education and counseling.

Kingwood Pines Hospital

www.kingwoodpines.com

281-404-1001

2001 Ladbrook Dr., Kingwood, TX 77339

(24 hour referral specialist)

Inpatient crisis services for children (10 and Up) and adolescents (13-17yrs), family therapy, discharge planning, and substance abuse.

Menninger Clinic

www.menningerclinic.com

713-275-5400

12301 Main Street, Houston, TX 77035

Inpatient psychiatric treatment (12-17 yrs), outpatient therapy for individuals & family, 6-8 week inpatient treatment for young adults (18-30 yrs.) transitioning into adulthood.

West Oaks Hospital

www.westoakshospital.com

713-995-0909 (Assessment HOTLINE)

6500 Hornwood, Houston, TX 77074

Adolescents (13-17 yrs): Inpatient care, day treatment care, chemical dependency, therapy & support groups, education.

Children (5-12 yrs): Inpatient care, day treatment care, therapy, support groups, education, outpatient center.

Westpark Springs Hospital

www.westparksprings.com

832-535-2770

6902 S. Peek Road, Richmond, TX 77407

Mental Health and Substance Abuse Treatment. Inpatient and Outpatient services for youth ages 12-17.

New Dimensions Day Treatment

www.nddtreatment.com

800-685-9796

1345 Space Park Dr., Ste C., Houston, Tx 77058

Adolescents (13-18 yrs. old) behavioral health program and chemical dependency.

Nexus Children's Hospital

<https://nexuscontinuum.com/services/childrens-hospital/>

281-293-7774

2929 Woodland Park Drive, Houston, TX 77082

Inpatient treatment for mental illness related to pre-existing medical illness

EMPLOYMENT

Career and Recovery

www.careerandrecovery.org

713-754-7000

2525 San Jacinto, Houston, TX 77002

Job placement and alcohol/drug program.
Program for veterans, deaf and hard of
hearing and other disabilities.

Houston Gulf Coast Building and Construction Trades Council

<https://hgcbctc.org>

713-926-4433

1301 West 13th St. Ste. D, Deer Park, TX
77536

Pre-Apprentice work for a career in
several trades in a 3 week course. (While
earning a progressive income.)

Vocational Rehabilitation (VR) Program (health issues)

<https://www.twc.texas.gov/jobseekers/vocational-rehabilitation-services>

281-454-2300

4111 Fairmont Pkwy., Ste. 104A,
Pasadena, TX 77504

Employment assistance for people 16
years old and older with any health
issues, mental health issues or disability.

Work Faith Connections

<https://workfaith.org>

713-984-9611

4555 Dacoma, Houston, TX 77092

Free job readiness program.

Workforce Solutions

www.wrksolutions.com

713-576-2580

12148 Gulf Fwy. Suite B, Houston, TX
77034

Offers employment, child care and other
financial aid asst.

ADULT EDUCATION

- **Harris County Dept. of Education**
713-692-6216
- **Latino Learning Center**
713-223-1391
ESL, Residential Electricity/
technical courses A/C, Electrical
TX certificates 12 weeks
- **Pasadena ISD**
713-740-0000
- **Pasadena Library**
713-477-0276 or 713-848-5345
- **Twin Oaks Community Center**
713-472-0706
English Classes, Citizenship
and basic literacy
- **San Jacinto College Central**
281-476-1501
- **South Houston Library**
832-927-5530
- **Vast Academy (Special Needs)**
713-718-5034

- **Houston Community College**
713-718-6634
-

MAM Program and Services

<https://www.mamhouston.org>

713-468-4516

1625 Blalock Rd, Houston TX 77080

Financial Education, ESL Classes,
Citizenship Classes, GED Preparation
Classes, Computer Literacy Classes.

Duolingo

<https://www.duolingo.com/>

Learn other languages for free! There is
an app for your phone and many fun
ways to practice.

English Central

<https://www.englishcentral.com/videos>

Watch videos to help you learn vocabulary, and practice pronunciation.

Business English Pod

<https://www.businessenglishpod.com/>

Learn Business English online (this course is on iTunes, but the courses are free).

North Pasadena Community Outreach

<https://www.npcocenter.org/>

713-473-6300

705 Williams St. Pasadena, TX 77506

Services: Food pantry, application assistance for: Medicaid, SNAP, Healthy Texas Women, and/or Gold Card. They offer free ESL, GED, Citizenship, CNA, Phlebotomy, as well as recreational classes.

Open Learning Initiative's American English Speech

<https://oli.cmu.edu/courses/american-english-speech-open-free/>

All courses are free. You can create an account to save your work, or use the site without an account (though your work will not be saved).

The Women's Resource of Greater Houston

<https://www.thewomensresource.org/>

(713) 667-4493

13100 NW Freeway, Suite 130, Houston, TX 77040

Groups offered: YourLife Coaching. One on one financial coaching-free meeting you in community. YourLife Finance Classes, YourLife Possibility Groups, RISE! (4 year HS girls group & more).

HEALTH-RELATED INFORMATION

Alzheimer's Association

www.alztx.org

Houston & Southeast Chapter:

713-314-1313

24 hour helpline: 1-800-272-3900

2242 West Holcombe Blvd., Houston, TX 77030

Dedicated to family support, public awareness, advocacy and promotion of research. Families and patients are assisted with information and referral, advocacy, instruction and training.

American Cancer Society

www.cancer.org/

713-266-2877

11800 Astoria Blvd. Houston, TX 77089

(Located in Memorial Hermann Southeast Hospital)

A nationwide voluntary community-based health organization dedicated to eliminating cancer through research, education, support and services.

American Diabetes Association, Inc.

www.diabetes.org

713-977-7706

The American Diabetes Association

Houston office is committed to educating the public about how to stop diabetes and support those living with the disease.

American Lung Association of Houston

www.lung.org

713-629-5864

Works to prevent and control lung disease and promote lung health through anti- smoking, occupational and environmental health education, professional education, school health education, and advocacy.

Baylor College of Medicine

www.bcm.edu

713-798-4951

One Baylor Plaza, Houston, TX 77030

Dedicated to the prevention of disease and the promotion of health through education, research and patient care. Teen clinics, specialist, family medicine and psychiatry various locations.

**Beltway 8 South Crisis
Pregnancy Center**

www.lifelinecpc.org

281-484-0005

10851 Scarsdale Blvd, #800, Houston, TX
74089

Services: Options, information, ultrasound
limited upon circumstance, housing
referrals, post-abortion support and
parenting classes.

**CHIP Children's Health
Insurance Program**

www.yourtexasbenefits.com

Go online or call 2-1-1

Pick a language and then, press 2.

CHIP and Children's Medicaid both offer
many benefits: Dentist visits, cleanings,
and fillings.

Choice of doctors, regular checkups, and
office visits. Prescription drugs and
vaccines. Access to medical specialists
and mental health care. Hospital care and
services. Medical supplies, X-rays, and
lab tests. Treatment of special health
needs. Treatment of pre-existing
conditions. Pregnant? Services are
available for pregnant moms.

HCA Houston Healthcare SouthEast

<https://hcahoustonhealthcare.com/locations/southeast/>

713-359-2000

4000 Spencer Hwy, Pasadena, TX 77504

Hospital and Emergency Room. Open
24/7.

Indian Doctors Charity Clinic

713-771-2255

6550 Mapleridge Ste. 222, Houston, TX
77081 (located in Bellaire Professional
building)

Saturdays: Free medical for those that
cannot afford medical care.

Strawberry Health Center

[https://www.harrishealth.org/locations-hh/
Pages/strawberry-health-center.aspx](https://www.harrishealth.org/locations-hh/Pages/strawberry-health-center.aspx)

713-982-5900

927 E. Shaw Road, Pasadena, TX 77506

Harris Health System's Strawberry Health
Center provides essential medical care to
adults and children living in the Pasadena
and East Houston area.

Christus St Mary's Clinic

[https://christusfoundation.org/programs/c
hristus-st-marys-clinic/](https://christusfoundation.org/programs/christus-st-marys-clinic/)

713-803-1840

2002 S. Wayside Dr., Ste. B, Houston, TX
77023

Provide healthcare for the uninsured or
underinsured. No eligibility requirements.

Community Health Network (CHN)

<https://mychn.org/>

281-824-1480

6243 Fairmont Pkwy STE 204 & 205,
Pasadena, 77505

10851 Scarsdale Blvd Ste 160 Houston,
77089

Community Health Network (MyCHN)
offers same-day visits for medical,
OB/GYN, psychiatric, counseling, dental,
and pediatric services. Patient-exclusive
pricing when you use our pharmacy
services.

Community Pregnancy Center

www.cpcpasadena.org

713-944-1730 or text 832-275-9461

4230 Vista Road, Pasadena, TX 77504

Services include: free pregnancy tests,
information on adoption, parenting
classes, education on abortion options,
comprehensive pre-abortion counseling
(sometimes including a free ultrasound).
Assistance with maternity clothing and
baby items through our Point To Success
program, advice on how to have healthy
relationships, post-abortion healing for
those suffering emotionally from a past
choice, referrals for medical care and
WIC, and even referrals to local churches
for those searching for a church home.

Vecino Denver Harbor Family Clinic

<https://denverharborclinic.org>

713-674-3326

424 Hahlo St., Houston, TX 77020

Medical, dental, behavioral health care.
Fees affordable for all.

Family to Family Network

www.familytofamilynetwork.org

713-466-6304

16225 Park Ten Place #500, Houston, TX
77084

The Mission of Family to Family Network
is to help families of children with
disabilities by providing information,
training, referral and support.

Houston Center for Independent Living

www.hcil.cc/

713-974-4621/346-231-0641 (video)

11111 Wilcrest Green Dr. Suite 385,
Houston, TX 77042

HCIL, BCCIL and FBCIL promote the full
inclusion, equal opportunity and
participation of persons with disabilities in
every aspect of community life.

Houston VA Medical Center

www.houston.va.gov

713-791-1414

2002 Holcombe Blvd, Houston, TX 77030

Veterans from around the country are
referred for specialized diagnosis and
treatment. Inpatient services include
medicine, surgery, psychiatry, neurology,
rehabilitation medicine, & spinal injury.

The Kruse Clinic

<https://www.memorialhermann.org/locations/kruse-health-center>

832-658-5230

400 Park Ln, Pasadena , TX 77506

Primary and Behavioral Health services.
Serving students of Kruse Elementary,
Gardens Elementary, Richey Elementary,
Morales Elementary, DeZavala Middle,
Jackson Intermediate, and Pasadena
High School.

LIFE Houston-Local infant Formula for Emergencies

www.lifehouston.org

713-528-6044

2002 S. Wayside Dr. Suite B, Houston,
TX 77023 (Located in Christus St. Mary's
Clinic)

Appointments Only.

Legacy Community Health

www.legacycommunityhealth.org/contact-us/

832-548-5000

3430 Center St., Deer Park, TX 77536

5616 Lawndale St., Houston, TX 77023

More locations in Harris County. Provides
Primary Health Care to children and
adults. Psychiatry and Behavioral health.
OB and other health services. Federally
qualified health centers eligibility for free
to low cost services.

Medicaid

Dial 211

www.yourtexasbenefits.com

For assistance go to this web address
and click on "Application for Assistance in
Texas."

Medicare Texas

1-800-633-4227

Memorial Hermann-WAVE Clinic

<https://memorialhermann.org/locations/wave-health-center>

713-946-7461

1500 Main South, Houston, TX 77587

Acute and preventative medical, dental
and mental health services provided.
Serving students of Jessup Elementary
L.F. Smith Elementary, Matthys
Elementary, South Houston Elementary,
Schneider Middle, Nelda Sullivan Middle,
Queens Intermediate, South Houston
Intermediate and South Houston High
School.

Methodist HealthCare System

www.houstonmethodist.org/locations

713-790-3311 | 713-790-3333

6565 Fannin Street, Houston, TX 77030

A Women's Care Clinic

<https://hcahoustonhealthcare.com/specialties/prenatal-care/?location=southeast>

832-203-5523

3351 Plainview St. Pasadena, Tx 77504

Free pregnancy tests. Medicaid assistance offered.

Monroe Same Day Clinic

<https://www.harrishealth.org/locations-hh/Pages/monroe-clinic.aspx>

713-218-2697

8539 Gulf Fwy, Houston, TX 77017

Same day Harris Health Clinic.

NAMI: National Alliance on Mental Illness

www.namigreaterhouston.org

713-970-4483

9401 Southwest Freeway, Ste. 1234, Houston, TX 77074

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, support and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need. 2 hr. training: Parents & Teachers as allies. Free support group & education classes for people who have mental health conditions.

National Kidney Foundation of Southeast Texas, Inc.

www.kidney.org

713-360-6784

1333 Old Spanish Trail, Suite G, #339, Houston, TX 77054

Dedicated to the prevention, treatment and cure of kidney and urinary tract disease. Goals are to provide public, patient, and professional education, support of research, patient and community services, and the promotion of organ transplant.

National Multiple Sclerosis Society

www.nationalmssociety.org/

713-526-8967

1050 N. Post Oak Rd. Ste.240, Houston, TX 77055

Provides education and research, and direct client services for multiple sclerosis and related diseases of the central

nervous system. The goals include developing and expanding a comprehensive program of services to meet the needs of persons with Multiple Sclerosis and their families.

New Life Perinatal

www.newlifeperinatal.com

281-578-1205

515 N Sam Houston Pkwy E, Suite 215, Houston, TX 77060

Provides assistance to high risk pregnancies of teen and adult mothers.

Nurse Family Partnership

www.nursefamilypartnership.org

- **Nurse Family Partnership at Baylor Teen Clinic**
713-876-5652
8111 Lawn St, Houston, TX 77088
- **Texas Children's Health Plan Nurse Family Partnership**
832-828-1274
6330 W Loop South, Suite 800, Bellaire, TX 77401
- **Houston Department of Health Human Services Nurse Family Partnership**
832-395-8935
8000 N Stadium Dr. Houston TX 77054

Provides a free personal nurse for support, advice and information during pregnancy and when the baby arrives up to 2 years of age. Refer when 28 weeks pregnant or less or as early as possible.

Pasadena Health Center

www.pasadenahealthcenter.com

713-554-1091

908 Southmore Suite 100, Pasadena, TX 77502

Provides help for Alcohol and drug addiction. Family Counseling adults and children. Primary health care, Internal Medicine, Family Practice Medicine, OB/GYN, Dental, X-ray, Radiology, Ultrasound, La/Vaccines, Mammography, Colon Cancer Screening, Food assistance, Sports Physicals. Medical Eligibility Enrollment services. Well

Women/ Well child exams. The Free Ride Program-Center will pick up and return patients within 15 miles of the center.

Pediatric and Adolescent Health Center

<https://www.harrishealth.org/locations-hh/Pages/pediatric-adolescent-health-center.aspx>

713-873-6300

3925 Fairmont Pkwy, Pasadena, TX 77504

Sliding scale/uninsured and Medicaid accepted. General pediatric care, Psychiatry, GI, Rheumatology, Neurology, and other specialty care. Assist to apply for Harris Health Systems (Gold card). Prescription Drugs: Free or low cost prescription drugs.

Planned Parenthood

www.plannedparenthood.org

1-800-230-7526

Multiple locations

Information & referral regarding family planning, medical services.

Prescription Drugs

www.rxassist.org

Prescription drugs at low or no cost.

Prevent Blindness

www.preventblindness.org

713-526-2559

2180 North Loop West #435 Houston, Tx 77018

Offers eye exam and glasses for children without health insurance. Also offers glasses assistance for adults that have a prescription but not able to afford the glasses.

UTMB Regional Maternal Child Health Program

<https://www.utmbhealth.com/services/regional-women-pedi>

409-266-1888

3737 Red Bluff, Suite 150, Pasadena, TX 77503

Assistance provided up to 6 times.
Parents bring photo IDs. OBGYN,

Primary care for children. Medicaid accepted.

San Jose Clinic

www.sanjoselclinic.org

713-228-9411

2615 Fannin St., Houston, TX 77002

Provides primary care and various specialties according to income low cost by eligibility.

St. Joseph Hospital

<https://www.sjmctx.org/>

713-757-1000

1401 St Joseph Parkway, Houston, TX 77002

Full-service, acute-care hospital offering a wide range of specialty services. Serves as a referral center for patients requiring highly specialized care.

St. Luke's Episcopal Hospital

www.stluketexas.com

832-355-1000

1101 Bates, Houston, TX

St. Luke's Patients Medical Center – Pasadena

www.chistlukeshhealth.org

713-948-7000

4600 E. Sam Houston Pkwy. S, Pasadena, TX 77505

Provides social services to patients and their families. The goal is to enable patients to maintain or strengthen their coping behavior in life and health situations. Services include supportive counseling and collaboration with hospital and community resources for discharge planning and continuity of care.

Tejano Center Clinic

713-640-3730

2950 Broadway St. Houston, TX 77017

M–F 8 a.m. - 4:30 p.m.

Serves young men and women ages 13 to 24. Provides pregnancy testing, family planning, sexually transmitted diseases (STD) and HIV/AIDS education and screening, primary healthcare, and case management services to teens, their partners, and children in Harris County.

The clinics provide services to teens in and out of school using outreach workers and community educators. All services are voluntary.

Texas Children's Pediatric Associates – Project Medical Home

www.texaschildrenspediatrics.org/Ripley-House

713-547-8282

4410 Navigation Blvd. Ste. 278, Houston, TX 77011

Pediatric services connected to Texas Children's Hospital specialists. Accepts Medicaid or sliding scale. Assists with prescriptions. Social workers available. Gulfgate 713-514-8060.

Texas WorkForce Vocational Rehabilitation

www.twc.texas.gov/jobseekers/vocational-rehabilitation-services

1-800-628-5115 or TTY 1-866-581-9328

Early childhood intervention services Rehabilitation services. Services for people who are deaf or hard of hearing. Services for people who are blind or visually impaired. Disability determination services. "Our Vision is: A Texas where people with disabilities and families with children who have developmental delays enjoy the same opportunities as other Texans to pursue independent and productive lives. "Our Mission is: To work in partnership with Texans with disabilities and families with children who have developmental delays to improve the quality of their lives and to enable their full participation in society."

The Harris Center and IDD (Formerly-Mental Health & Mental Retardation Authority of Harris County)

www.theharriscenter.org

713-970-7000

9401 Southwest Freeway, Houston, TX 77074

Provides comprehensive mental health services to children/adolescents and their families from age 3 to 18. This agency also provides mental health services to adults. Services include psychiatric

assessment, medication management, nursing services, therapy services, case management services, skills training to both parents/guardians and to the children and patient and the family understand the diagnosis and treatment that best suits the needs of the patient services are provided at the various clinics throughout Houston, in the homes and in the schools of the children.

(TIP) Teenage Incentive Program

www.teenageincentive.com

713-339-9091

6250 W. Park Dr., Suite 305, Houston, TX 77057

Provides dropout prevention, mentoring and support to teen pregnant mothers and or teens with children up to the age of 3.

VCare Community Medical & Dental Clinic

<http://www.vcareclinics.org/>

713-944-2273

2615 Strawberry Rd., Pasadena 77502

Programs for low income families who have no medical coverage. You may qualify for a state sponsored program that will allow you to receive free health care services. 22 and under free dental if eligible. 40 dollars medical visit/ 40 dollars dental exam/x-ray. Another location on Broadway.

Vecino's Airline Children's Clinic

www.airlinechildrensclinic.org

713-695-4013

5808 Airline Drive, Houston, TX 77076

Affordable medical & dental care, counseling, lifestyle education for children under 18.

WIC – Women, Infants and Children Program

<https://texaswic.org>

713-407-5800

3737 Red Bluff, Pasadena, TX 77502

Provide supplemental foods, healthcare referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and postpartum women, and to infants and

children up to age five who are found to be at nutritional risk.

Community Health Network: Scarsdale Family Health Center

10851 Scarsdale Blvd. Suite 160,
Houston, Tx 77089
281-824-1840

Specializes in primary care, pediatrics, women's health, men's health, and behavioral health.

DENTAL

Dental Health & Prevention Services

ABC Dental

www.abcdentaltexas.com
713-472-6100 (Various locations)
1313 Strawberry Rd., Pasadena TX
77502

Offers a good service in preventive and surgical service for children and adults. Friendly service with compassion and excellence.

Access Health

281-342-4530
myaccesshealth.org

Stafford Clinic: 281-342-4530

10435 Greenbough Drive, Suite 300,
Stafford, TX 77477

Pediatric Care, Dental, WIC, and Vaccine Services

Eligibility: Registered patients with Access Health

AccessHealth offers services to those who receive Medicaid, CHIP, Medicare, Private Insurance and those who are UNINSURED. We provide quality health care to those in and around the Fort Bend area.

Community Health Network (CHN)

<https://mychn.org/>
281-824-1480
6243 Fairmont Pkwy STE 204 & 205,
Pasadena, 77505

10851 Scarsdale Blvd Ste 160 Houston,
77089

Community Health Network (MyCHN) offers same-day visits for medical, OB/GYN, psychiatric, counseling, dental, and pediatric services. Patient-exclusive pricing when you use our pharmacy services.

Harris County Public Health Dental Health & Prevention Services

<https://publichealth.harriscountytexas.gov/services-programs/all-services/dental-service>

Locations:

- **Humble Health Clinic**
832-927-1300
1730 Humble Place Dr., 77338 (Humble)
- **Southeast Health Clinic**
<https://publichealth.harriscountytexas.gov/Services-Programs/Services/HWC>
713-274-9430
3737 Red Bluff Rd., 77503 (Pasadena)

Harris Health System

<https://www.harrishealth.org/locations-hh/Pages/dental-program.aspx>

Eligibility: Harris Health assistance program for Adults ages 16-up.

Locations:

- **Strawberry Svc.**
713-982-5900
927 E. Shaw Rd., 77506
- **Dental Center,**
713-526-4243
5230 Griggs Rd., 77021
- **Acres Dental Svc,**
281-448-6391
818 Ringold St., 77088

- **Aldine Dental Svc.,**
281-985-7600
4755 Aldine Mail Rte. Rd.,
77039
- **MLK Dental Svc.,**
713-547-1000
3550 Swingle Rd., 77047
- **El Franco Lee Dental Svc.,**
281-454-0500
8901 Boone Rd., 77099

Eligibility: Harris Health's Assistance Program, Adults, 16 years and up

Spring Branch Community Health Center-CY-Fair Clinic (formerly known as Good neighbor Clinic)

713-387-7180
7777 Westgreen Blvd
Cypress, TX 77433

Children 7 years and up, adults
Sliding scale \$30-\$50 Medical, dental,
GYN, Behavioral Specialist. Housing
program.

Houston Department of Health & Human Services Bureau of Oral Health

http://houstontx.gov/health/HealthCenters/Sharpstown_Health_Services.html
Call for appointment, all locations:
832-393-5427

Dental hygiene and dental students
(under the supervision of faculty) treat
patients in clinics for students, providing
access for oral health attention.

Locations:

- **La Nueva Casa De Amigos,**
832-393-5427
1809 N. Main, 77009
- **Magnolia Health Center**
832-395-3408
7037 Capitol St., 77011
- **Northside Health Center**
832-395-9116
8504 Schuller Rd., 77093
- **Sharpstown Health Center**
832-395-9840
6201 Bonhomme Rd., 77036
- **Sunnyside Health Center**
832-395-0054
4605 Wilmington St., 77051

Eligibility: Medicaid Card, CHIP Card,
WIC Shopping List, City Dental Card
(May ask for Birth certificate and parent's
ID).

Welcoming new patients, serving adults
and children, offering preventative and
restorative services, experienced, caring,
bilingual staff.

Lone Star Family Health Center

<https://www.lonestarfamily.org/>
936-539-4004
605 S. Conroe Medical Dr., Conroe, TX

Eligibility: Accepts most insurance,
Medicaid/CHIP, cash options, fee scale
w/eligibility, Children and adults
(Sedation/Nitrous Oxide available)

Pasadena Health Center

<https://www.pasadenahealthcenter.com>
713-554-0510
908 Southmore, Pasadena TX 77502

Eligibility: Children and adults, CHIP/
Medicaid, Delta Dental and CHIPS,
Ameritas, Cigna, Most major Credit
Cards. Sliding fee scales available for
patients who qualify and need assistance.

San Jose Clinic

<https://www.sanjoseclinic.org/>
713-228-9411
2615 Fannin St., 77002

Eligibility: Uninsured children and adults
from local area, must apply for a clinic
card.

University of Texas School of Dentistry

713-486-4000
<https://dentistry.uth.edu>
7500 Cambridge St. Houston, 77054

Eligibility: Children and adults

Dental and dental hygiene students
(under faculty supervision) treat patients
in the student clinics, providing an
affordable oral health care option.

Vecino Health Centers

www.denverharborhealthcenter.org
Location:

- **Denver Harbor Family Clinic**
713-674-3326
424 Hahlo St., Houston, TX
77020

Eligibility: Pediatrics, dentistry for children, counseling for children and parents, insurance enrollment assistance
Medical, Dental and Counseling
A healthcare home for children and adults.

LEGAL

American Civil Liberties Union

www.aclutx.org
713-942-8146
P.O Box 8306, Houston, TX 77288

Provides free legal services for the purpose of defending and protecting constitutional and civil rights. The ACLU is unable to provide legal services of a general nature, such as contracts, will, employment, consumer problems, and criminal defense.

Better Business Bureau

www.bbb.org/houston/get-to-know-us
713-868-9500
1333 W Loop South Suite 1200
Houston, TX 77027

Educate and works to protect consumers and responsible businesses from unethical practices and false advertising.

Catholic Charities

www.catholiccharitiesusa.org
713-526-4611

2900 Louisiana, Houston, TX
Charlas-Conversations on immigration topics and free legal immigration consultation provided on Tuesdays in English and Spanish alternately. Houston Harris county rental assistance.

Dispute Resolution Centers

www.harriscountytexas.gov/drc
713-274-7100
49 San Jacinto, Ste. 220, Houston, TX
77002

Alternative resolution to disputes without costly court proceedings. Free mediation services to residents of Harris County. Services are offered to those who live outside of Harris County with an out-of-county fee \$110.

FIEL

<https://fielhouston.org/>
713-364-3435
6610 Harwin, #214, Houston TX 77036

Provides a variety of immigration services for our community. Free consultations, access to resources to obtain a legal status in the U.S., preparing for the citizenship test, and deportation defense. Provides counseling to access higher education and financial aid.

Greater Houston Fair Housing Center

www.houstonfairhousing.org
713-641-3247

Housing discrimination services. No rental assistance.

Harris County Domestic Relations Office

www.dro.hctx.net
713-274-7300
1310 Prairie, Suite 700, Houston, TX
77002

Services are provided to enforce court orders providing financial support and visitation rights to a child; to establish paternity of a child; and to provide informational services to parties affected by a court order pertaining to support and visitation.

Houston Volunteers Lawyers

www.legalhelphouston.org
713-228-0735
1111 Bagby, Suite FLB300, Houston, TX
77002

HVLP helps low-income citizens that other programs often cannot serve, such as those who may not meet the financial

criteria of other legal assistance programs or non-US citizens. Houston Volunteer Lawyers Help booth located at Civil Court, 17th Fl 201 Caroline St. Houston TX 77002.

Immigrant Rights Hotline

www.houstonimmigration.org
833-468-4664//M-F// 9-5 only.

For assistance understanding current immigration laws.

LASSA Legal Aid for Survivors of Sexual Assault

<https://www.tlsc.org/lassa>
844-303-SAFE

Free legal advice. For specific requests survivors can fill out an intake form online and receive a referral for best fit services.

LegalLine

www.hba.org/legalline
713-759-1133
1111 Bagby, FLB 200, Houston, TX 77002

LegalLine is held twice a month on the first and third Wednesday of every month, from 5 p.m. - 8 p.m. 1st Thursday 5 p.m. - 8 pm in Spanish. To reach a volunteer attorney call (713)759-1133. This is a call-in telephone program only. Sign up for phone appointment through website.

Lone Star Legal Aide

www.lonestarlegal.org
713-652-0077
1415 Fannin Street, Houston, TX 77002

Lone Star Legal Aid is a 501(c)(3) nonprofit law firm focused on advocacy on behalf of low-income and underserved populations. Lone Star Legal Aid serves people at 125% of federal poverty guidelines that reside in 76 counties in the eastern and Gulf Coast regions of Texas. Lone Star Legal Aid focuses its resources on maintaining, enhancing, and protecting income and economic stability; preserving housing; improving outcomes for children; establishing and sustaining family safety and stability, health and wellbeing; and assisting populations with special vulnerabilities, such as those who have

disabilities, or who are elderly, homeless, or have limited English language skills.

Family (non-emergencies)

Monday-Thursday 8:30-2:30

Other Civil matters Monday-Friday
8:30-2:30.

LULAC

www.lulac.org
713-695-5980
PO Box 8620, Houston, TX 77249

The Mission of the League of United Latin American Citizens is to advance the economic condition, educational attainment, political influence, housing, health and civil rights of the Hispanic population of the United States.

Mayor's Office for People with Disabilities

www.houstontx.gov/disabilities
832-394-0814
611 Walker St. Houston, TX 77002

Advocate for rights and needs of citizens with disabilities.

U.S. Citizenship and Immigration Services Fee Waivers

<https://www.uscis.gov/i-912>

For people that are not able to afford the application fees such as citizenship or residency etc. The I-912 fee waiver application can be used for a list of many different applications of U.S. Citizen and Immigration Services found in the I-912 instruction form. The I-912 app must be sent along with an application for example the citizenship or residency renewal.

To qualify you must have one of the following:

1. Means tested benefit
ex: food stamps
2. Low Family Income (150%
below poverty
guideline)

Financial Hardship

YMCA International Services

713-758-9280

6671 SW Freeway #250 Houston, TX
77074

Legal assistance for immigration cases.
Please call for days of services. \$40 may
be charged depending on service. Will not

be turned away for inability to pay. For
appointment email:
immigrationhelp@ymcahouston.org

Texas Law Help

www.texaslawhelp.org

Website for legal help.

RECREATION

Big Brothers Big Sisters

<http://www.bbbstx.org>

888-887-2447

1003 Washington Ave. Houston, TX
77002

Community-based and school-based
youth mentoring.

Baker-Ripley Pasadena

www.bakerripley.org

713-944-9186

720 Fairmont Pkwy, Pasadena, TX 77504

Offers ESL, citizenship classes, cake
decorating classes, and card decoration,
English computer classes and sewing
classes. After school and summer
program for children and youth. Crochet,
piñata making, jewelry making, soccer, art
and music classes. Offers business and
tax services.

Boys and Girls Club -Pasadena

2732 Cherrybrook Ln Pasadena TX 77502

713-378-0020

Membership fee: 5.00 per year.
Afterschool programs and summer.
Youth ages 6-12. Teen club: ages 13-18.
Full court, gym, field, game room. Low
cost summer program.

Champions (Campeones)

www.discovechampions.com

346-253-5362

Several schools in Pasadena ISD
Afterschool program and summer
program. Sliding scale fee.

City of Pasadena Parks & Recreation

<http://www.ci.pasadena.tx.us>

713-477-1511

3111 San Augustine, Pasadena, TX
77503

Sports programs, pools, activity centers
and summer programs for youth and
adults. Seniors center. Adaptive Sports at
Verne Cox Center.

Houston Parks & Recreation

[Houston Parks and Recreation
Department \(houstontx.gov\)](http://HoustonParksandRecreationDepartment(houstontx.gov))

832-395-7131

Sports programs, pools, activity centers
and summer programs for youth and
adults. After school programs. Senior
programs and citizen engagement.
Adaptive Sports at West Gray
Multi-service Center.

PALS Gymnasium

www.pasadenatx.gov/571/Athletics

713-475-1229

2910 Southmore Pasadena TX 77503

Athletic office that offers recreational
activities that are affordable. Basketball,
soccer, track and field, volleyball and
karate.

ELDERLY SERVICES

Baker Ripley Senior Health and Wealthness

[Our Neighborhoods | BakerRipley](#)

Bay Area Senior Center

1511 El Dorado
Houston TX 77062
281-282-9700

New Life Senior Center
4828 Almeda Genoa Rd
Houston TX 77048
713-991-5972

Bay center for elders. Volunteer services. Promoting dignity and independence of the elderly. Utilities assistance. Health and Wellness assistance are available.

Madison Jobe Senior Center

www.ci.pasadena.tx.us

713-477-0175

1700 Thomas Ave, Pasadena, TX 77506

Our mission is to form the participation of Independence and community to improve quality of life for the elderly.

Nursing Home Complaints

1-800-458-9858

Salvation Army

www.salvationarmyhouston.org/east-harris-county

713-378-0020

2732 Cherrybrook, Pasadena

Educational classes and after school for children, programs of hot breakfast, seminars on pre-retirement are only a few of the programs the Army offers. Every center has a variety of activities to satisfy the diverse needs. Here there is an atmosphere of understanding and respect, new friends are made and talents are discovered.

Social Security

www.ssa.gov

1-800-772-1213

Office 866-563-4603

3300 Watters Road, Pasadena, TX 77504

Social Security Retirement benefits and Supplemental Income disability benefits for elderly and disabled.

South Houston Senior Center

www.southhoustontx.org

713-947-7700

1007 State St., South Houston, TX 77587

Age 60 or more. Lunches served.

Recreation/trips. Nutrition site.

SUPPORT GROUPS

Bo's Place

www.bosplace.org

713-942-8339

10050 Buffalo Speedway, Houston, TX 77054

Free grief support. Support group for adults via zoom once a week for 9 weeks. For families with children ages 5-18 who have experienced the death of a parent or a sibling. Option of online 8 week family program or join wait list for in person group. Little friends program for families with preschool aged children who have experienced death of parent or sibling in person or at home 6 week program.

Community Health Network

www.mychn.org

281-824-1480

(Various locations)

Groups for children, youth, adults

(including spanish speaking groups for women) for mental health, abuse, PTSD

and other behavioral health needs. In person and virtual.

re: MIND Depression & Bipolar Support

www.Remindsupport.org

713-600-1131 | 24 HR Hotline

713.970.7000

Groups are free and confidential. Helps understand yourself or a loved one. Groups specialized for specific populations. Enter zipcode to find nearest location. Local: Every Wednesday at Asbury United Methodist Church and other locations. Available via zoom and in person.

Dyslexia Houston

www.houstonida.org

Help Line: 713-364-5177

Dedicated to helping people with dyslexia and learning disorders and their Family

and communities that support them. HBIDA is your local connection to an international network of professionals and individuals diagnosed with dyslexia.

Emotions Anonymous

www.emotionsanonymous.org

Sharing experiences, strengthen, and give hope to members of Emotions Anonymous finding indicators and tools to maintain positive in life solutions in own problems using the 12-steps program.

Gambler Anonymous

www.texasga.org

1-855-442-7105

Offers assistance to people who gamble compulsively.

National Alliance on Mental Illness – Greater Houston

<http://namigreaterhouston.org>

713-970-4419

9401 Southwest Fwy, Ste 1234 Houston, TX 77074

Family-to-family & peer-to-peer education, support groups. Warmline: 713-970-4483 available Mon-Fri 9am 5pm for emotional support to prevent crisis

Narcotics Anonymous

<https://hasconanet.com/>

713-661-4200

Provides information about schedules, times and places for meeting for those seeking to end drug use. Also assists families with referrals.

Overeaters Anonymous

www.oahouston.org

713-973-6633

5645 Hillcroft St., Houston, TX 77036

The objective is to extend a hand and help people that have the desire to eat compulsively.

Foster, Adoptive, Kinship Support Group

<https://www.sagemontchurch.org/#/>

281-481-8770

11300 S. Sam Houston Pkwy E
Houston TX 77089

The objective is for foster, adoptive and kinship parents to come together to receive support and encouragement from others on the same journey.

OPPORTUNITIES FOR VOLUNTEERING

Bridge over Troubled Waters

713-472-0753

Clothed by Faith

346-205-4144

Crisis Intervention of Houston

832-416-1199

Gulf Coast Regional Blood

713-790-1200

Neighborhood Centers

713-944-9186

Salvation Army

713-378-0020

Volunteer Houston

<https://volunteerhouston.org/>

713-533-3190

Volunteer Pasadena

<http://www.pasadenatx.gov/442/Volunteer-Pasadena>

713-475-7259

TRANSPORTATION

American Red Cross (Medical)

713-526-8300

To make appointments: 713-313-1631

Harris County RIDES

<http://harriscountyrides.com>

713-368-RIDE (7433)

8410 Lantern Point, Houston, TX 77054

RIDES is a great option for people for whom public transportation is either unavailable or inaccessible — helping eligible residents make doctor's appointments, do grocery shopping or otherwise just get around and remain independent. Harris County covers half of the cost of a taxi ride while a person with disability pays the other half of the cost.

Pasadena (Harris County Rides)

www.pasadenatx.gov/rides

311 San Augustine Ave Pasadena TX 77536

713-920-7988.

Residents of Pasadena that are adults with a disability or the elderly ages 65 and older can apply for \$75.00 taxi assistance monthly by applying online on link above or call to schedule appointment

Pasadena Taxi

713-477-6000

Lyft

www.Lyft.com

A ride when you need one/Be a Lyft driver.

Uber

www.uber.com

Get a ride near you. Earn money by Driving.

Metro Lift

www.ridemetro.org

713-225-6716

For persons with disabilities in the Houston area.

Medicaid Transportation

1-877-633-8747

You can also call your health plan

zTrip

<https://ztrip.com>

No surge pricing

POLICE/FIRE

Pasadena ISD Police

713-740-0200

City of Pasadena Police

713-477-1122

City of South Houston Police

713 944-1910

Houston Police Dept.

713-847-4155

Pasadena Fire Dept.

713-475-5554

South Houston Fire Dept.

713-946-2700

UNITED WAY 211

Provides information and recommendations from an exhaustive database of social services. 2-1-1 always responds 24 hours a day 7 days a week in various languages.

2-1-1 has information on preparing taxes for low income, counseling, services for the elderly, daycare, food stamps, care for elderly parent, shelter for domestic violence, and services as a contact during disasters, and more.

How to receive help (United Way): Call 2-1-1 free to obtain services you may

need. When you call 2-1-1, select language and choose from the 3 options:
-Press 1 to learn about services in your area.
-Press 2 State benefits, food program SNAP, Medicaid health program/ CHIP children's health insurance, Temporary Assistance for Needy families (TANF)
-Press 3 report fraud, misuse and abuse.
-Press 4 Disaster evacuation
-Press 5 Mental health or Recovery from Substance Use
-Staff available 8am-8pm.

CONNECTIVITY

AT&T Access Program

<https://www.att.com/internet/access/1-855-220-5211>

Access program assists with low cost internet. At least one person in the household must participate in SNAP.

Comcast Xfinity Internet Essentials

<https://www.internetessentials.com/1-855-846-8376>

You may qualify for low cost internet by income or if you are eligible for public assistance programs like the National School Lunch Program, Housing Assistance, Medicaid, SNAP, SSI etc.

Lifeline Discount

www.lifelinesupport.org
1-866-454-8387

Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get up to \$12.75 off their bill. Households that make less than 135% of federal poverty guidelines or have at least one member participating in certain public assistance programs will receive up to \$12.75 off monthly internet or phone bill through certain ISPs.

Waiver for Victims of Violence TexasLawHelp.org

<https://texaslawhelp.org/article/help-domestic-violence-victims-and-survivors-waiver-utility-deposits>
1-866-454-8387

Help for Domestic Violence Victims and Survivors: waiver of utility deposits such as gas, electricity and telephone service. Letter from service providers such as treating medical personnel, family violence center, law enforcement etc. Forms must be submitted to a utility company. See link above for forms.

Access Wireless

<https://accesswireless.com>
866-594-3644
Mobile Service - TX

Assurance Wireless

<https://assurancewireless.com>
888-898-4888
Mobile Service - TX

AT&T

[AT&T Affordable Connectivity Program](#)
800-288-2020
Home Phone - TX
enTouch Wireless

<https://entouchwireless.com/lifeline/>

866-488-8719

Mobile Service - TX

Life Wireless

<https://www.lifewireless.com>

888-543-3620

Mobile Service - TX

Q Link Wireless

855-754-6543

Mobile Service - TX

Safelink Wireless

800-723-3546

Mobile Service - TX

StandUP Wireless

<https://standupwireless.com>

800-544-4441

Mobile Service - TX

Tag Mobile

www.tagmobile.com

866-959-4918

Mobile Service - TX

T Project 10 Million

[T mobile 10 million](#)

Access to internet to help connect 10 million students for five years.

Truconnect

<https://www.truconnect.com>

800-430-0443

Hotspots and Mobile Service - TX

Date: _____

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Date: _____

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Date: _____

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Date: _____

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Date: _____

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