



Pasadena Independent School District School Health Advisory Council ("SHAC")



Notice of Meeting of the SHAC

The Pasadena ISD School Health Advisory Council will be held September 7, 2021, beginning at 9:00 a.m. in the Board Room of the Pasadena ISD Administration Building, 1515 Cherrybrook, Pasadena, Texas 77502.

Public Participation:

All Pasadena ISD SHAC meetings are open to the public. A recording and Proposed Minutes of this meeting will be forwarded to the District for posting on the SHAC website (listed below) not later than the 10th day after this meeting. Approved Minutes will be posted following the meeting at which they are approved.

For additional information, please contact Alise Neff, Pasadena ISD Coordinated School Health Specialist, at aneff@pasadenaisd.org, or Amber Macneish, P.E., Health and Wellness Coordinator, at amacneish@pasadenaisd.org or 713.740.0126 or visit the Pasadena ISD SHAC website at the following web address:
https://www1.pasadenaisd.org/departments/departments_n-s/physical_education_health_wellness/parent-s_h_a_c.

Agenda for the September 7, 2021 Meeting of the SHAC

The subjects to be discussed, or considered, or acted upon by the Pasadena ISD SHAC at its September 7, 2021 Meeting are listed below. Items do not have to be taken in the same order as shown on this meeting notice and/or agenda.

1. Convene Meeting of the SHAC and Call to Order
2. Consideration and Approval:
 - a. Minutes of April 21, 2021 Meeting of the SHAC
 - b. SHAC Membership for 2021-2022
3. For Your Information:
 - a. SHAC Information and Celebrations:
 - i. 2020-2021 Year in Review
 - ii. SHAC By-Laws and Guiding Principles Update
 - iii. HB 1525 Update
 - b. Committee Updates/Information:
 - i. Physical Activity/Physical Education/Health Education
 - ii. Nutrition
 - iii. Family and Community
 - iv. School Behavioral and Counseling
 - v. Health Services
 - c. Presentation: Suicide Prevention Week
4. Adjournment



School Health Advisory Council

Pasadena Independent School District

Regular Meeting

September 7, 2021



Minutes

1. **Convene SHAC Meeting and Call to Order:** 9:05 a.m. by Alise Neff
2. **Consideration and Approval:**
 - a. Minutes – Please read the attached [April SHAC Minutes](#). Please check for accuracy, spelling, grammar, dates, etc. Please suggest any changes. We will need one person to make a motion to approve the minutes and another person to second the motion.
 - b. Minutes accepted by: Motion by Robin Harold, 2nd by Mary Harryman
 - c. SHAC Membership Applications
3. **For Your Information:**
 - a. SHAC Information and Celebrations:
 - i. 2020-2021 SHAC Year in Review
 - ii. SHAC ByLaws and Guiding Principles Update
 - iii. HB 1525: Amber Macneish
 - iv. Requires:
 1. At least 72 hours before the meeting in all campus offices and on district website
 2. Prepare and maintain minutes of the meeting
 3. Make an audio/video recording of the meeting
 4. Submit and post minutes and audio/video recording of the meeting
 5. Adoption of curriculum materials:
 - a. School board process
 - b. Human Sexuality instruction procedures including
 - i. Adoption procedures
 - ii. Making curriculum materials available for review
4. **Committee Updates/Information:**
 - a. **PE/Physical Activity-Amber Macneish**
 - i. Celebrations
 1. Pam Straker, PE Teacher at Red Bluff Elementary was named the 2020-2021 TAHPERD Elementary PE Teacher of the Year!
 2. Amber Macneish, 2021 K-12 TAHPERD Administrator of the Year
 - ii. Items in Progress/Continuing
 1. Recess Guidelines were included in the 2019-2020 Student Handbook. We are now working to promote the use of the guidelines on all elementary campuses.
 2. Elementary and Middle School P.E. curriculum is being revised to include more skills based activities while increasing MVPA (Fitnessgram scores).
 3. Int/High School P.E. curriculum is being revised to include more fitness-based workouts. The recommended structure is for a cardio day, 2 fitness days and 2 activity days.
 4. HPE Guidelines were developed for all Health and PE Classes including safety recommendations, weather guidelines, Health and PE law, school board policy etc.

iii. New Items

1. New PE standards 2022-23: Instructional materials will be reviewed beginning in October by the Health and PE teachers and then we will bring the feedback to the SHAC to make recommendations.
2. TEA is currently reviewing options for a platform for FitnessGram. Scores will be collected and posttest scores will be submitted.

iv. Comments-None

b. Health-Amber Macneish

i. Celebrations

ii. Items in Progress/Continuing

1. Everfi, a web based, interactive curriculum to support alcohol education, character development and mental health education will be used as a resource in the Health curriculum this year.
 - a. Everfi resources are used to address Senate Bill 435 to teach about opioids and this video is being used to teach about antagonists
 - b. [Fentanyl Video Clip](#)
2. Human sexuality lessons will be offered to both remote and face to face learners.
 - a. Basic/Wait and Big Decisions curriculum materials were created for remote learners and to post on the LMS and HPE team is offering support as needed
3. Catch My Breath, a vaping prevention student-centered curriculum will be included in the Health curriculum for 2020-2021 school year. Teachers will be trained on the curriculum in January.
4. CPR Instruction plan has been put in place REQUIRED to graduate and plan is being implemented (Not just CPR, calling for help recognizing what help needed looks like)

iii. New Items

1. New PE and Health standards 2022-23: Instructional materials will be reviewed next school year by our Health and PE teachers and the SHAC.
2. Dose of Knowledge is being reviewed for substance abuse curriculum resources
3. HB 1525:
 - a. Requires annual notification: Consent to Human Sexuality Instruction. There is a section included in the [student handbook](#).
 - b. Requires all human sexuality instruction to be OPT-In 2 weeks prior to instruction- meaning parents/guardians must give permission for their student to participate in the human sexuality instruction. All of our permission slips have been updated and can be found [here](#).
 - c. Requires all human sexuality resources be available for parent/guardian review on the district website or on campus for review. You can find a list of all curriculum materials [here](#).

iv. Comments- *A parent asked about levels for instruction. Amber Macneish answered the question.*

c. Nutrition-Mary Harryman

i. Celebrations

1. We were awarded Best of the Bunch for the 7th year in a row.

ii. Items in Progress/Continuing

1. We are able to continue serving all of our students free lunch this year in addition to our yearly free breakfast program due to a continued Waiver with USDA.
 2. We are encouraging parents to continue to complete free and reduced meal applications for next year's 30 day carryover in addition to qualifying for PEBT through the Department of Health and Human Services.
 3. We have increased our vegetarian menu options this year to include veggie nuggets and pupusas. We have brought back more of our scratch made entree and salad items that had to be removed last year due to curbside and classroom meal service.
- iii. New Items
1. We are over 100 people short staffed and desperately looking to hire.
 2. We are facing national industry wide shortages in food and paper goods.
- iv. Comments:
1. Parent asked question what is "PEBT"- Mary Harryman answered question
 2. Parent asked if same attention payed to breakfast as to lunch- Marry Harryman answered
 3. Parent asked where to get updated menu items for pre-k and if the same for whole district- Mary Harryman answered
 4. Parent asked about special birthday lunches- Mary Harryman will follow up
 5. Parent asked about pick 3 items- Mary Harryman explained what it means
 6. Parents asked how many veg./fruits options do they have- Mary Harryman answered the question

d. Family and Community-Krishna Shah

- i. Celebrations
1. The Pasadena community came together to help support our staff with the "Fill the Bus" event. "Fill the Bus" is hosted every summer to gather school supplies for our hard working teaching staff. This year every single PISD campus benefitted from these very generous donations.
 2. ABC Dental and Community Health Choice provided backpacks to our students for this school year. Backpacks have been distributed to our Elementary campuses.
 3. This year we have a parent coordinator at every Elementary, Middle, and Intermediate campus. This will make a total of 30 parent coordinators that will be serving our PISD campuses and community. They will focus on providing resources to our community, host parent training, assisting families with translations, and much more!
- ii. Items in Progress/Continuing
1. We currently have four parent coordinator positions open. Please share with any applicants that might be interested. Preference is given to those that have family engagement experience, bilingual (Vietnamese and/or Spanish), and has community involvement.
 2. Many Elementary campuses are in the process of beginning their collaboration with Brighter Bites. Brighter Bites is a non profit organization that puts fruits and vegetables into the hands of our families and teaches them how to create healthy recipes.
 3. DeZavala will be opening up their Houston Food Bank days in the early Fall.
 4. Campuses are currently sharing Title 1 information, distributing School Wide Compacts and Parent Policy to clarify school expectations.

5. Our social media platforms will be expanding very soon. Currently we have our Pasadena ISD Family Engagement page on Facebook. We usually post local resources, PISD information, and much more! Check us out and follow!
- iii. New Items
 1. Campuses will be collaborating with Depelchin to offer a series of virtual parent sessions.
 2. Parent Coordinators will be collaborating with campus librarians to offer a variety of parent sessions.
 3. Parent Coordinators will be collaborating with campus wellness teams to offer support and parent training.
 - iv. Comments:
 1. Parent asked if you had to be associated with particular school to join brighter bites- Krishna Shaw answered questions

e. School Behavioral Health and Counseling-Amany Khalil & Robin Harold

- i. Celebrations
 1. School Counselors in PISD are continuing to do a great job of connecting students to mental health services. Our partners appreciate the great referrals for our students in need!
 2. September is Suicide Prevention Week: Promote student wellness, reaching out for help and crisis resources.
- ii. Items in Progress/Continuing
 1. CREST Award support meetings are starting, hoping to grow beyond 17 PISD campuses receiving this counselor program award.
 2. TCHAT is up and running – counselors are submitting referrals and collaborating to offer training. Available to all students no insurance needed, they will refer you or help you connect with the appropriate persons or resources. Prevention and Intervention is the number one priority. TCHAT is ongoing, schools are finding it to be helpful and PISD is top referral source
 3. The additional 4 district social workers to assist all PISD campuses has been very helpful with supporting attendance, family needs, and recent apartment fires. Contact your campus if you need help with social services
 4. Celebrating all the Social Emotional Learning (SEL) going on in Pasadena ISD! 20 campuses piloting the SEL Program called Rhithm and Rayburn HS implemented the SEL Program Character Strong. Several campuses in PISD are expanding whole campus SEL offerings through CD, 2nd Step, Rhithm and Character Strong.
- iii. New Items
 1. SB 179 Use of Public School Counselors' Work Time: Bill is designed to restore the balance of academic guidance, emotional support, and other administrative tasks in the counselor's workload by requiring that school counselors spend at least 80% of their time performing statutorily-defined counseling duties. This will ensure that school counselors have ample time to devote to the academic and emotional needs of the students under their care.

f. Health Services-April Weisedel

- i. Items in Progress/Continuing
 1. Face coverings are still recommended and encouraged as a major mitigating strategy in fighting this virus. And because we see related spread in our district is directly correlated to a lapse in mask use, we as a district will continue to require face coverings for all at least through the end of this school year.

2. Vaccinations are booming! 56% of those 16 and older in Harris County are fully vaccinated. PISD has been partnering with CVS, Walgreens, Pasadena Health Center and other agencies to bring vaccination clinics onsite for our staff at multiple locations. With the Moderna vaccine available to 18 years and older and the Pfizer vaccine available for those 12 years old and older, we can begin the next phase in crushing this little bug that shook our world. There are a few vaccine trials happening for children under the age of 12 and so far results are promising. There is hope on the horizon for vaccinations to be made available to all school aged children.
3. The Texas School Reported COVID-19 Cases in Texas Public Schools was reset on Aug 13, 2021 . The effects of both Delta and vaccination are evident at this school, the students make up the majority of positive cases unlike last year where it was the teachers. Delta is far more contagious but many adults now have either natural immunity through previous infection or through mass vaccination efforts.
4. Parents asked questions about Covid testing and nurses on campuses. April Weisedel answered the questions.
5. Picture included below that April Weisedel presented on

ii. Comments:

1. A parent shared a concern about a positive case on a particular campus. April Weisedel is going to look into it.
2. A parent asked a question about sending students to school after exposure. April Weisedel answered the question.
3. A parent asked a question about instruction while students are out with Covid and how long kids are kept out of school- April Weisedel answered the question.
4. A parent asked about sending students back to school after 10 days without a negative test- April Weisedel answered the question.
5. Presentation: Suicide Prevention Week: Robin Harold and Amany Khalil
6. Adjournment: 10:38 a.m. by Amber Macneish

Audio of Meeting can be found [here](#).

In attendance: Alise Neff, Robin Harold, Krishna Shah, Amany Khalil, Carmen Hernandez, Mary Harryman, Sarah Sanchez Pequeno, Yasmine Hayden, Brenda Hernandez, Amber Macneish, Delana Dow Lay; Liz Reyes, April Weisedel, Eric Ratliff, Mary Davis, Lisa Prado, Claudia Harmon, Erica Vargas, Delores Fierros, Jonathan Hernandez, Shirley Elizando, Rosa G.Reyes-Tapia, Angela Lenz

