

## Pasadena Independent School District School Health Advisory Council ("SHAC")

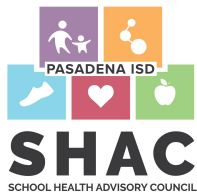


### Minutes Pending Approval Agenda for the SHAC Meeting April 5, 2022

1. Convene Meeting of the SHAC @ 9:07am
2. Consideration and Approval
  - a. [Minutes](#) of March 3, 2022 Meeting of the SHAC-accepted by Mary Davis and seconded by Brenda Nohemi Hernandez
  - b. PE and Health Curriculum Recommendation-approved unanimously
  - c. ChildBuilders Curriculum: Stay Safe Stand Strong
3. For Your Information:
  - a. ChildBuilders Curriculum: Stay Safe Stand Strong - Robin Harold
    - A parent asked if the curriculum was created in house or purchased. It was stated that it was purchased.
    - A parent asked how many years we have been using the curriculum. Robin and Karen Hickman answered the question
    - Parent asked about verbage for opt in letter, questions answered by Karen, Robin and Amber.
  - b. Committee Updates/Information (see below):
    - i. PE/PA/Health- A parent asked when the students would receive the health instruction. Amber Macneish answered the question.
    - ii. Nutrition
    - iii. Family and Community
    - iv. School Behavioral Health and Counseling
    - v. Health Services
  - c. Karen Hickman shared information about the upcoming bond
  - d. Vote for new Parent Co-Chair- new co- chair Mary Davis
4. Meeting Adjourned at @ 10:38 AM

Audio of the meeting can be found [here](#).

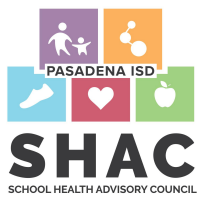
**Meeting dates for 2022-2023:** September 20, 2022, November 15, 2021, February 7, 2023, April 4, 2023



# Pasadena Independent School District School Health Advisory Council (“SHAC”)



Physical Education and Physical Activity Committee
Celebrations/Completed Items
<ul style="list-style-type: none"> <li>Close to 1000 runners at our first face to face Get Fit Jog since 2019!</li> <li>Campus facilitated track and field events are going strong at Auxiliary Stadium and feeder High Schools</li> <li>Gardens Elementary hosted their first bike safety event last week!</li> </ul>
Items in Progress/Continuing
<p><i>Continuing from last meeting:</i></p> <ul style="list-style-type: none"> <li>Recess Guidelines were included in the 2019-2020 Student Handbook. We are now working to promote the use of the guidelines on all elementary campuses.</li> <li>Elementary and Middle School P.E. curriculum is being revised to include more skills based activities while increasing MVPA (Fitnessgram scores).</li> <li>Int/High School P.E. curriculum is being revised to include more fitness-based workouts. The recommended structure is for a cardio day, 2 fitness days and 2 activity days.</li> <li>HPE Guidelines were developed for all Health and PE Classes including safety recommendations, weather guidelines, Health and PE law, school board policy etc.</li> <li>New PE standards 2022-23: Instructional materials will be reviewed beginning in October by the Health and PE teachers and then we will bring the feedback to the SHAC to make recommendations.</li> <li>TEA is currently reviewing options for a platform for FitnessGram. Scores will be collected and posttest scores will be submitted.</li> </ul>
New Items
<p>Special Events Resume face to face!</p> <ul style="list-style-type: none"> <li>Track and Field Events- campus field trips to stadium for real track and field experience</li> </ul> <p>New Health/PE standards and curriculum materials 2022-23:</p> <ul style="list-style-type: none"> <li>October: PE/Health instructional materials were reviewed by all teachers</li> <li>December: PE/Health Instructional materials committee met to review curriculums</li> <li>January 25: Board Resolution to review human sexuality/SB 9 topics materials</li> <li>Health teachers to review human sexuality curriculums/SB 9 materials</li> <li>SHAC Meetings to review curriculum materials for Health/PE, human sexuality and SB 9 topics <ul style="list-style-type: none"> <li>3/3</li> </ul> </li> </ul>



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## Health Education Committee

### Celebrations/Completed Items

First Annual Vaping Prevention Week was March 21-25. Many campuses participated and plans are being made for an even bigger event next year.

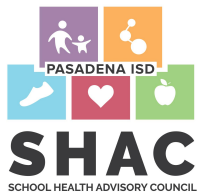
### Items in Progress/Continuing-

- Everfi, a web based, interactive curriculum to support alcohol education, character development and mental health education will be used as a resource in the Health curriculum this year.
  - Everfi resources are used to address Senate Bill 435 to teach about opioids and this video is being used to teach about antagonists
  - [Fentanyl Video Clip](#) option
- Human sexuality lessons will be offered to both PRLA and face to face learners.
  - Basic/Wait and Big Decisions curriculum materials were created for remote learners and to post on the LMS and HPE team is offering support as needed
- Catch My Breath, a vaping prevention student-centered curriculum will be included in the Health curriculum for 2020-2021 school year. Teachers will be trained on the curriculum in January.
- CPR Instruction is a grad requirement. The CPR Instruction Plan is being implemented (Not just CPR, calling for help recognizing what help needed looks like)
- New PE and Health standards 2022-23: Instructional materials will be reviewed next school year by our Health and PE teachers and the SHAC.
- Dose of Knowledge is being reviewed for substance abuse curriculum resources
- HB 1525:
  - Requires annual notification: Consent to Human Sexuality Instruction. There is a section included in the [student handbook](#).
  - Requires all human sexuality instruction to be OPT-In 2 weeks prior to instruction- meaning parents/guardians must give permission for their student to participate in the human sexuality instruction. All of our permission slips have been updated and can be found [here](#).
  - Requires all human sexuality resources be available for parent/guardian review on the district website or on campus for review. You can find a list of all curriculum materials [here](#).

### New Items

New Health/PE standards and curriculum materials 2022-23:

- October: PE/Health instructional materials were reviewed by all teachers
- December: PE/Health Instructional materials committee met to review curriculums
- January 25: Board Resolution to review human sexuality/SB 9 topics materials
- SHAC Meetings to review curriculum materials for Health/PE, human sexuality and SB 9 topics 3/3, 4/5
- Health teachers to review human sexuality curriculums/SB 9 materials 2/21



## Pasadena Independent School District School Health Advisory Council ("SHAC")



### Nutrition Services

#### Celebrations/Completed Items

- Our Administrative Review conducted by the Texas Department of Agriculture (a 4 month process) is concluded. We are so excited to report we had no findings in the campuses and no findings in the office/back of the house operations. We had a perfect audit in a year with never-ending staffing and supply chain issues. We are so proud of our audit campuses, office staff and supervisory team for proudly representing Pasadena ISD and continuing to provide exemplary service to our students.
- We will be receiving TDA's "Turnip the Beet" award for our outstanding summer meal program.

#### Items in Progress/Continuing

- We are currently working with district administrators planning this year's summer meal program. More details to come.
- Even though all students are currently eating for free under the SSO program we are encouraging parents to continue to complete free and reduced meal applications for next year's 30 day carryover. This is extremely important this year.
- We continue to be negatively impacted by nationwide supply chain issues and labor shortages. However our breakfast and lunch meal service continues to offer a variety of menu options and so far we have been able to maintain many of our students' favorites.

#### New Items

- **Congress did not approve Child Nutrition Waiver extensions for School Nutrition Programs next year - ending universal free meals for all students across the country. Families will need to complete free and reduced meal benefit applications to be eligible to continue receiving free and reduced meal benefits.** If no application is on file at the end of the school year students will need to bring money the first day of school. We will be working very hard to get the message to every family so there is no disruption in meal benefits to our students.
- School Lunch Hero Day is Friday May 6th. Please help us celebrate all of the amazing cafeteria heroes who have worked so hard creating nutritious tasty meals for our students in Pasadena ISD.

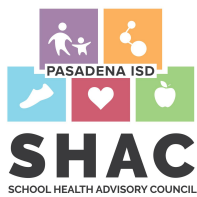
### Family and Community Engagement

#### Celebrations/Completed Items

- St. Peter's Episcopal Church and Sagemont church have partnered with Be a Champion to provide free meals to all children ages 1-18 years of age. Flyers are attached.

#### Items in Progress/Continuing

- Houston Food Bank- Lobos Market at DeZavala Middle School is running strong. The updated upcoming dates are as follows: April 8th, April 22nd, May 6th and May 20th. Flyer is attached.



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- Elementary, Intermediate and Middle campuses will be hosting Title 1 Review and Revision meetings for their campus compact and campus parent policy for the 2022-2023 school year. These meetings will be scheduled within April and May of this year. This would be a great opportunity to provide input for your campuses.
- The Family Engagement Conference is scheduled for April 22, 2022 at San Jacinto Central Campus. Parents will have the opportunity to choose three sessions out of the following trainings: Social Emotional Support, College and Career Opportunities for the Adult, College and Career for students, Drug Prevention, Literacy and academic support. Flyer is attached. We hope all of our families will be available to attend.

### New Items

- Family Survey will be shared in April. Parents have the opportunity to provide feedback to our campuses. The survey will be changing formats for the following school year.
- ACE Summer Resource Fair is scheduled for May 13, 2022 at 4:30pm at De Zavala Middle School. This event is open to anyone. Participants will be presented with free summer resources such as camps. We will have games, activities, and giveaways. If you have anything free you would like to share, please let us know. Flyer is attached.

## Social Behavioral Services and Counseling

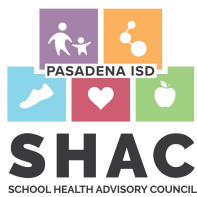
### Celebrations/Completed Items

- 34 Campuses received the Texas School Counselor Association CREST Award which recognizes outstanding counseling programs committed to improving the lives and achievement of students in academic, career, and personal social domains.
- School Counselors in PISD continue to do a great job of connecting students to mental health services. Our partners appreciate the great referrals for our students in need!
- TCHAT trainings for mental health professionals in PISD began this week. The trainings are offered over a variety of topics including: Loss & Grief, Mindfulness, Anxiety and Depression.
- The additional 4 district social workers to assist all PISD campuses continue to be very helpful with supporting attendance and family needs.

### Items in Progress/Continuing

- TCHAT is a partner with PISD to help reduce barriers to mental health care. TCHAT is available to all students no insurance needed, they will refer you or help you connect with the appropriate persons or resources. Prevention and Intervention is the number one priority. TCHAT is ongoing, schools are finding it to be helpful and PISD is top referral source
- Using Pasadena's partnership with Communities in School, we are working on a plan to increase supports at the high school level (for mental health needs)

### New Items



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- PISD Staff Training (which builds capacity across our district to meet student needs)
  - Special Programs & the Behavior Response Team is hosting two 3-Day Conscious Discipline trainings this summer, which means almost 400 PISD staff will learn ways to increase their ability to build safety, connection and problem solving in the school/classroom
  - We are also holding trainings related to building and repairing relationships using Restorative Practices and Classroom Management training (using a positive, proactive and instructional approach)

### Health Services

#### Celebrations/Completed Items

- COVID has decreased to an almost immeasurable level in Harris County. Hospital trends for COVID indicate the pandemic is winding down. One model we watch is NOT predicting a 5th wave in COVID cases for this summer for the great state of Texas. Excellent news! As of Monday, 4/4/2022, our district has ZERO active cases (student/staff) on our campuses.
- Feb 28th - March 4th, our school nurses took a total of 1,298 Pasadena ISD students to the Pasadena Convention Center in a partnership with the Houston Health Department for See to Succeed. All students received a free comprehensive eye examination. 95% of those students who attended needed prescription glasses and were able to pick out their new frames on the spot. Glasses are expected to be delivered to campus this month.

#### Items in Progress/Continuing

- 2 Itinerant RN's & 5 itinerant health clerks to assist with Nurse absences in high acuity campus clinics as well as assisting campus nurses completing vision/hearing/spinal/AN screening for the year.
- Employee testing site funding
- Campus student testing funding
- Continuing testing on campuses
- Vaccination events through HCPH Immunization Team being set up on campuses in preparation for 22-23 school year. incoming 7th graders and PreK vaccinations are most needed

#### New Items

- CDC updated quarantine guidance for exposure. Vaccinated fully and up-to-date versus unvaccinated.
- Second student/staff testing location open in the old Guidance Center building.
- Free home COVID tests distributed to elementary campus nurses. Offering to our students under 5 years of age who are unable to be vaccinated against COVID-19. Parents must consent.

**Meeting dates for 2022-2023:** September 20, 2022, November 15, 2021, February 7, 2023, April 4, 2023



# Pasadena Independent School District School Health Advisory Council ("SHAC")



## Notice of Meeting of the SHAC

The Pasadena ISD School Health Advisory Council will be held April 5, 2022, beginning at 9:00 a.m. in the Boardroom of the Pasadena ISD Administration Building, 1515 Cherrybrook, Pasadena, Texas 77502.

### **Public Participation:**

All Pasadena ISD SHAC meetings are open to the public. A recording and Proposed Minutes of this meeting will be forwarded to the District for posting on the SHAC website (listed below) not later than the 10<sup>th</sup> day after this meeting. Approved minutes will be posted following the meeting at which they are approved.

For additional information, please contact Alise Neff, Pasadena ISD Coordinated School Health Specialist, at [aneff@pasadenaisd.org](mailto:aneff@pasadenaisd.org), or Amber Macneish, P.E., Health and Wellness Coordinator, at [amacneish@pasadenaisd.org](mailto:amacneish@pasadenaisd.org) or 713.740.0126 or visit the Pasadena ISD SHAC website at the following web address: [https://www1.pasadenaisd.org/departments/departments\\_n-s/physical\\_education\\_health\\_wellness/parent-s\\_h\\_a\\_c](https://www1.pasadenaisd.org/departments/departments_n-s/physical_education_health_wellness/parent-s_h_a_c).

## Agenda for the April 5, 2022 Meeting of the SHAC

The subjects to be discussed, or considered, or acted upon by the Pasadena ISD SHAC at its April 5, 2022. Meetings are listed below. Items do not have to be taken in the same order as shown on this meeting notice and/or agenda.

1. Convene Meeting of the SHAC
2. Consideration and Approval
  - a. [Minutes](#) of March 3, 2022 Meeting of the SHAC
  - b. Vote on Recommendations for PE and Health Curriculum (HB 1525/SB 9)
3. For Your Information:
  - a. ChildBuilders Curriculum: Stand Strong Stay Safe - Robin Harold
  - b. Review PE and Health Curriculum Recommendations (HB 1525/SB 9)
  - c. Committee Updates/Information:
    - i. PE/PA/Health
    - ii. Nutrition
    - iii. Family and Community
    - iv. School Behavioral Health and Counseling
    - v. Health Services
4. Questions, Comments, Concerns
5. Meeting Adjourned