

Pasadena Independent School District School Health Advisory Council ("SHAC")



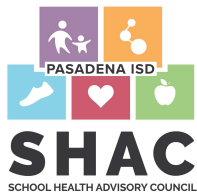
Agenda for the SHAC Meeting **November 15, 2022**

1. Convene Meeting of the SHAC
 - a. Called to order at 9:02 AM
2. Consideration and Approval
 - a. [Minutes](#) of September 20, 2022 Meeting of the SHAC
 - b. Shannon Rogers - motion to accept
 - c. Gabriela Chapa Herrera - 2nd
 - d. SHAC By-Laws:
 - i. [Current By Laws](#)
 - ii. [Proposed Updates](#)
3. For Your Information:
 - a. Committee Updates/Information:
 - i. PE/PA/Health
 - ii. Nutrition
 - Shannon Rogers asked question about new POS system
 - iii. Family and Community
 - Questions asked about the LOBOS Market
 - iv. School Behavioral Health and Counseling
 - v. Health Services
4. Questions, Comments, Concerns, Networking
5. Meeting Adjourned 10:13 AM

Audio of minutes can be found [here](#). *Note-Meeting was recorded but no sound

Meeting dates for 2022-2023:

September 20, 2022, November 15, 2022, February 7, 2023, April 4, 2023



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Physical Education and Physical Activity Committee

Celebrations/Completed Items

- Punt, Pass and Kick+ was held on October 3rd- big congrats to all of the winners!
- Walk for Sight was a HUGE success. The Lions Club raised \$50,000!
- Congrats to America's Healthiest Schools: Fisher, Red Bluff and Turner Elementary! They were recognized at the October 25 school board meeting.
- PMHS Feeder pattern bike parade was held on October 29 and had 100+ riders attend!
- 17 campuses have hosted a walk to school event this semester!
- Alise Neff and Amber Macneish presented on community partnerships at the Action For Health Kids National School District Wellness Coalition.

Focus/Goals: Items in Progress/Continuing

New Standards and Instructional Materials Roll Out

Continued promotion and support of the:

- Recess Guidelines
- HPE Guidelines (safety recommendations, weather guidelines, Health and PE law, school board policy etc.)

TEA is currently reviewing options for a platform for FitnessGram. Scores will be collected and posttest scores will be submitted.

New Items 22-23

Skills- focused, physical literacy based adopted instructional materials:

- K-12 PE: Spark
- Elementary and Middle School PE: Quaver Health and PE
- High School PE: Good Heart Wilcox: Texas Fitness and Wellness Skills

Special Events ALL resume face to face!

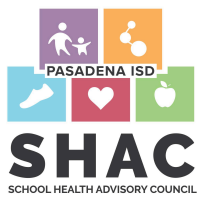
- Punt, Pass and Kick+, Walk for Sight, Big Shoot Out, Olympiad, Get Fit Jog, Campus Track & Field

Focus 2022-23:

- August: New Instructional Materials and Standards
- October: Opt-In Lessons
- January: Spring Planning and PLC Share
- February: Functional Movement, CPR, American Heart Association, PLC Share

Off Campus PE Review

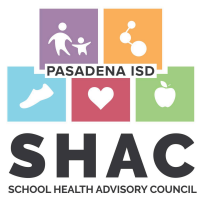
PE Grading



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Health Education Committee and Employee Wellness
Celebrations/Completed Items
<p>We adopted updated curriculum materials! It was a long process but we have health literacy based materials in place for our students.</p>
Focus/Goals: Items in Progress/Continuing
<p>New Standards and Instructional Materials Roll Out</p> <p>Opt-In: Human Sexuality and Child Anti-victimization</p> <ul style="list-style-type: none"> Requires annual notification: Consent to Human Sexuality Instruction. There is a section included in the student handbook. Requires OPT-In consent at least 2 weeks prior to instruction- meaning parents/guardians must give permission for their student to participate in the human sexuality and child anti-victimization instruction. All of our permission slips have been updated and can be found here. Requires all human sexuality and child anti-victimization resources be available for parent/guardian review on the district website or on campus for review. You can find a list of all curriculum materials here. <p>CPR Instruction is a grad requirement. The CPR Instruction Plan is being implemented (Not just CPR, calling for help recognizing what help needed looks like)</p>
New Items 22-23
<p>Skills- focused, health literacy based adopted instructional materials:</p> <ul style="list-style-type: none"> Elementary: Quaver Health and PE Middle School: Quaver Health and PE, Always Changing and Choosing the Best (6th Grade) Intermediate PE/Health: Choosing the Best, Texas Health Skills High School Health: Choosing the Best, Texas Health Skills <p>Vaping Resources for campuses through Everfi and Discovery Ed</p> <p>Focus 2022-23:</p> <ul style="list-style-type: none"> August: New Instructional Materials and Standards October: Opt-In Lessons January: Parenting and Paternity Awareness Training (HS Health) February: Spring Planning



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Nutrition Services

Celebrations/Completed Items

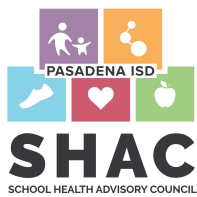
- During October we celebrated National School Lunch Week. Our menus highlighted fresh local produce and other Texas made items during the TDA Farm Fresh Challenge. Watermelon, Apples, Oranges, Peaches, Pears, Milk, Eddy Sausage Links, CH Guenther Cornbread mix, rolls and gravy, Rodriguez Tamales - to name a few.
- Instead of Halloween, we celebrated Hulaween - offering a Hula Cooler Slush fruit treat while ladies and gentlemen in the kitchens served wearing leis and plumeria flowers in their hair.
- Cafeteria managers and staff were able to participate in several campus Trunk or Treat activities, handing out fresh fruit to students and their families.
- We celebrated National Principals' month by making and delivering sweet treats to the campus leaders.

Items in Progress/Continuing

- Many campuses are welcoming back families for this year's Thanksgiving feast. We are planning for 54,000 portions of turkey to be served this year.
- Unfortunately we continue to be negatively impacted by nationwide supply chain issues and labor shortages. However our breakfast and lunch meal service continues to offer a variety of menu options and so far we have been able to maintain many of our students' favorites. It is our ultimate goal to provide healthy nutritious meals that kids are excited to eat.
- We have started culinary training for our staff again. The pandemic, supply chain issues, and labor shortages forced us to change a great number of our normal processes and procedures. We are working to retrain our team culinary basics and beyond.

New Items

- We have been testing new recipes with Intermediate students - this past month included veggie sliders and pea guacamole.
- We will be updating our Point of Sale system in February. We are updating from Nutrikids to Primero.



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Family and Community Engagement

Celebrations/Completed Items

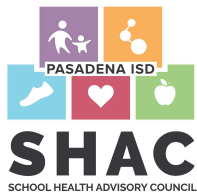
- November 9th and 10th, Special Programs hosted an 8th grade Senioritas and Caballeros Conference to help inspire and guide students in developing goals for the future. Each campus selects up to 30 students for each day.

Items in Progress/Continuing

- Thanksgiving lunches are in full swing! Many PISD campuses are opening up their schools to have parents joining their child for the feast! It is a tradition that we are excited is returning!
- Backpack buddies through Houston Food Bank are supporting 24 of our campuses this year. We are in the process of working through details of bi-monthly delivery for the large number of schools.
- Clothed by Faith will be beginning a clothing pantry to target and support the families on the South side of PISD. November 15th will be the first day of training for our parent coordinators.

New Items

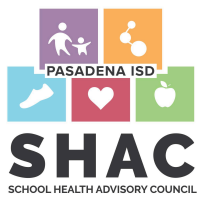
- Special programs is currently in the process of developing a Community Partnership Advisory as well as a Parent Advisory. Dates of both meetings are pending.
- The Lobos Market at De Zavala Middle School is now open every 1st and 3rd Friday. Food will be distributed for free. This is open to the entire community.
- Toys for Tots have supported our students for a number of years and this year is no different. We are very appreciative of all the support during the holiday season.
- Parent Coordinators will be attending a conference in Frisco, Texas to learn how to best support our campuses.
- Special programs is looking into expanding our partnerships with MD Anderson and Tx Children's Health Plan to provide families with training.



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Social Behavioral Services and Counseling	
Celebrations/Completed Items	
<ul style="list-style-type: none"> • Since the start of the school year, the Behavior Response Team has trained over 1,000 PISD staff in topics related to PBIS (classroom management, restorative practices, behavior intervention); also our beginning of the year counselor training (collaboration) • Added CIS (Communities in Schools) Crisis Specialist support at each comprehensive high school. • Safe School Ambassador training was completed at all intermediate and high school campuses. • Threat Assessment training by Dr. Reeves was completed for campus threat assessment team members for the Fall semester. • Many schools participate (including safety ambassadors) in Start with Hello Week (Sandy Hook Foundation) to increase inclusivity. Kendrick Middle School won a contest with Start with Hello week! They will receive \$1000 to support their event next year. 	
Items in Progress/Continuing	
<ul style="list-style-type: none"> • Enhancement of our current Tier 1 PBIS efforts at every campus. We had over 140 participants signed up for Safe & Civil Foundations (school-wide systems) training on Sep 27-28 and new campus PBIS Tier 1 teams were trained in October and ongoing training and support for PBIS Tier 1 chairs • Threat Assessment training scheduled for spring semester 	
New Items	
<ul style="list-style-type: none"> • Safe School Ambassadors 	



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Health Services and Physical Environment

Celebrations/Completed Items

- October 7th was a massive day of skills training for us! We invited La Porte ISD and San Jacinto College with some of Dobie HS Health Science students aided as victims in our Mass Casualty Incident (MCI) Training. Nurses from both districts rotated through multiple skills rooms. There were two scenarios using live victims to simulate an MCI and the nurses triaged all victims. Triageing is a way to ensure the most survivors by assigning color codes to determine the order victims are transported and receive care. The rooms also included stop the bleed where participants put tourniquets on mannequin legs, CPR where every person performed 2 full minutes of CPR on an infant and adult, poster rooms with scenarios and rapid fire triage questions. And to ensure a little fun, one room was simply full of games and door prizes. Every nurse rotated through all 9 rooms. This activity was designed not only as a learning tool, but for nurses to self-assess their skill sets to help them guide future staff developments.

Items in Progress/Continuing

- 1 Itinerant RN & 3 itinerant health clerks to assist with Nurse absences in high acuity campus clinics as well as assisting campus nurses completing vision/hearing/spinal/AND screening for the year.
- COVID - Some nurses still have tests available. Nurses are continuing to report confirmed COVID-19 cases to HCPH.
- See to Succeed 22-23 is underway. Nurses are handing out packets and collecting consent forms.
- School Nurses are organizing and training campus Medical Emergency Response Teams. MERT consists of multiple staff members on each campus working together to respond in the event of a medical emergency of one or more victims.
- Keeping an eye on COVID-19 spread in the community. Predicted to have a season/winter bump in cases as the weather turns colder and folks start gathering more indoors.

New Items

- RSV and other respiratory viruses are rampant. We are monitoring attendance and 10 pilot schools are working with HCPHES to track influenza-like illness (ILI) using their new system. If all goes well, this will be used district wide next year. Harris county has put out a new webpage on flu that includes resources for nurses, schools and families in English and Spanish and can be accessed [here](#).

Meeting dates for 2022-2023: September 20, 2022, November 15, 2022, February 7, 2023, April 4, 2023



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Notice of Meeting of the SHAC

The Pasadena ISD School Health Advisory Council will be held November 15, 2022, beginning at 9:00 a.m. in the Boardroom of the Pasadena ISD Administration Building, 1515 Cherrybrook, Pasadena, Texas 77502.

Public Participation:

All Pasadena ISD SHAC meetings are open to the public. A recording and Proposed Minutes of this meeting will be forwarded to the District for posting on the SHAC website (listed below) not later than the 10th day after this meeting. Approved minutes will be posted following the meeting at which they are approved.

For additional information, please contact Alise Neff, Pasadena ISD Coordinated School Health Specialist, at aneff@pasadenaisd.org, or Amber Macneish, P.E., Health and Wellness Coordinator, at amacneish@pasadenaisd.org or 713.740.0126 or visit the Pasadena ISD SHAC website at the following web address:

https://www1.pasadenaisd.org/departments/departments_n-s/physical_education_health_wellness/parent-s-h-a-c.

Agenda for the November 15, 2022 Meeting of the SHAC

The subjects to be discussed, or considered, or acted upon by the Pasadena ISD SHAC at its November 15, 2022. Meetings are listed below. Items do not have to be taken in the same order as shown on this meeting notice and/or agenda.

1. Convene Meeting of the SHAC
2. Consideration and Approval
 - a. [Minutes](#) of September 20, 2022 Meeting of the SHAC
 - b. SHAC By-Laws
3. For Your Information:
 - a. Committee Updates/Information:
 - i. PE/PA/Health
 - ii. Nutrition
 - iii. Family and Community
 - iv. School Behavioral Health and Counseling
 - v. Health Services
 - b. February Meeting
4. Questions, Comments, Concerns
5. Meeting Adjourned