

Pasadena Independent School District School Health Advisory Council ("SHAC")

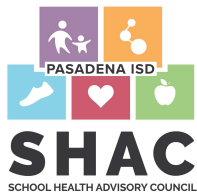


Agenda for the SHAC Meeting **September 20, 2022**

1. Convene Meeting of the SHAC @ 9:04 AM
2. Consideration and Approval
 - a. [Minutes](#) of April 5, 2022 Meeting of the SHAC
 - i. Motion to accept-Mary Davis, seconded Sarah Sanchez
 - b. SHAC By-Laws
 - i. Move to table this item Christine Kelly, seconded by Brenda Nohemi Hernandez
3. For Your Information:
 - a. School Safety-Derek Duckett
-Presentation can be found [here](#)
 - b. 2021-2022 SHAC Year in Review
 - c. Committee Updates/Information:
 - i. PE/PA/Health
- Parents asked questions about Opt-in and Amber answered
 - ii. Nutrition
-Parent had a question about free and reduced meals, it was answered by the nutrition rep.
 - iii. Family and Community
 - iv. School Behavioral Health and Counseling
 - v. Health Services
4. Questions, Comments, Concerns
 - a. Parents/Community members asked questions and presenters answered
5. Meeting Adjourned @ 10:43 AM.

You can find the audio of the meeting [here](#).

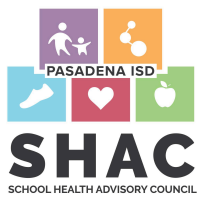
Meeting dates for 2022-2023: September 20, 2022, November 15, 2022, February 7, 2023, April 4, 2023



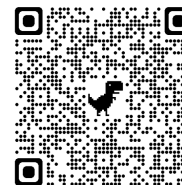
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Physical Education and Physical Activity Committee
Celebrations/Completed Items
<ul style="list-style-type: none"> We are hosting Walk for Sight face to face! Congrats to America's Healthiest Schools: Fisher, Red Bluff and Turner Elementary! We look forward to recognizing them at the October school board meeting and celebrating them on social media after September 20.
Focus/Goals: Items in Progress/Continuing
<p>New Standards and Instructional Materials Roll Out</p> <p>Continued promotion and support of the:</p> <ul style="list-style-type: none"> Recess Guidelines HPE Guidelines (safety recommendations, weather guidelines, Health and PE law, school board policy etc.) <p>TEA is currently reviewing options for a platform for FitnessGram. Scores will be collected and posttest scores will be submitted.</p>
New Items
<p>Skills- focused, physical literacy based adopted instructional materials:</p> <ul style="list-style-type: none"> K-12 PE: Spark Elementary and Middle School PE: Quaver Health and PE High School PE: Good Heart Wilcox: Texas Fitness and Wellness Skills <p>Special Events ALL resume face to face!</p> <ul style="list-style-type: none"> Punt, Pass and Kick+, Walk for Sight, Big Shoot Out, Olympiad, Get Fit Jog, Campus Track & Field <p>Focus 2022-23:</p> <ul style="list-style-type: none"> August: New Instructional Materials and Standards October: Opt-In Lessons January: TAHPERD Share, PLC Share, American Heart Association, CPR February: Team Building



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Health Education Committee

Celebrations/Completed Items

We adopted updated curriculum materials! It was a long process but we have health literacy based materials in place for our students.

Focus/Goals: Items in Progress/Continuing

New Standards and Instructional Materials Roll Out

Opt-In: Human Sexuality and Child Anti-victimization

- Requires annual notification: Consent to Human Sexuality Instruction. There is a section included in the [student handbook](#).
- Requires OPT-In consent at least 2 weeks prior to instruction- meaning parents/guardians must give permission for their student to participate in the human sexuality and child anti-victimization instruction. All of our permission slips have been updated and can be found [here](#).
- Requires all human sexuality and child anti-victimization resources be available for parent/guardian review on the district website or on campus for review. You can find a list of all curriculum materials [here](#).

CPR Instruction is a grad requirement. The CPR Instruction Plan is being implemented (Not just CPR, calling for help recognizing what help needed looks like)

New Items

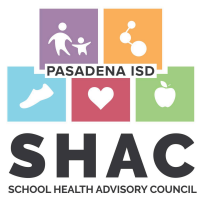
Skills- focused, health literacy based adopted instructional materials:

- Elementary: Quaver Health and PE
- Middle School: Quaver Health and PE, Always Changing and Choosing the Best (6th Grade)
- Intermediate PE/Health: Choosing the Best, Texas Health Skills
- High School Health: Choosing the Best, Texas Health Skills

Vaping Resources for campuses through Everfi and Discovery Ed

Focus 2022-23:

- August: New Instructional Materials and Standards
- October: Opt-In Lessons
- January: Parenting and Paternity Awareness Training (HS Health)
- February: Team Building and PLC planning



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Nutrition Services

Celebrations/Completed Items

- The students spoke - we listened! We have included more vegetarian options at all grade levels.
- The pandemic caused us to have to alter the way we served (curbside) and also impacted what foods were available during massive supply chain shortages. We are back to making more items from scratch in our kitchens after testing recipes in the spring and early summer. We are also now making in house cornbread and working on featuring specialty veggies on various menu days (Garlic teriyaki green beans anyone?)
- We are featuring our scratch made charra beans & pico de gallo during our Fiestas Patrias Celebration menu on 9/16. The menu also features cinnamon churros!

Items in Progress/Continuing

- Because we encouraged our parents to complete free and reduced meal applications last year (even though we were operating under the SSO waiver for free meals for all) our students were able to begin this year without a disruption in meal service. We are diligently working to make sure every parent completes a new meal benefit application for the 22-23 school year before September 27th to ensure students are not dropped from the free and reduced meal program.
- Unfortunately we continue to be negatively impacted by nationwide supply chain issues and labor shortages. However our breakfast and lunch meal service continues to offer a variety of menu options and so far we have been able to maintain many of our students' favorites. It is our ultimate goal to provide healthy nutritious meals that kids are excited to eat.

New Items

- October we will be highlighting National School Lunch Week and our local TDA Farm Fresh Challenge. We are already featuring juicy fresh local Texas watermelon among MANY other Texas fresh options.
- Supper programs will be starting back up in select campuses in October.

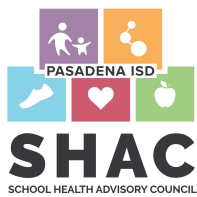
Family and Community Engagement

Celebrations/Completed Items

- Texas Children's Health Plan has donated over 49,000 dollars in school supplies for our Elementary, Middle and Intermediate campuses during our Back to School Event
- Clothed by Faith is beginning a clothing pantry to target and support the families on the South side of PISD.

Items in Progress/Continuing

- Clothed by Faith will also be opening an additional site for our North side of PISD.
- Campus parent coordinators will be partnering up with their CHAC representative to support and promote healthy living by engaging families.



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- Campus parent coordinators are currently assisting families in completing the free and reduced lunch applications.
- TCHAT through Baylor College of Medicine will be continuing to support our families by providing a variety of trainings including: Vaping, Bullying, and Mental Health support
- Currently Hiring parent coordinator positions.

New Items

- HCPH will be providing parent training sessions and resources for our families to support COVID relief.
- Special programs is currently in the process of developing a Community Partnership Advisory as well as a Parent Advisory.

Social Behavioral Services and Counseling

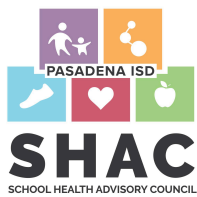
Celebrations/Completed Items

- 34 Campuses received the Texas School Counselor Association CREST Award which recognizes outstanding counseling programs committed to improving the lives and achievement of students in academic, career, and personal social domains.
- School Counselors in PISD continue to do a great job of connecting students to mental health services. Our partners appreciate the great referrals for our students in need!
- TCHAT trainings for mental health professionals in PISD began this week. The trainings are offered over a variety of topics including: Loss & Grief, Mindfulness, Anxiety and Depression.
- The additional 4 district social workers to assist all PISD campuses continue to be very helpful with supporting attendance and family needs.
- PISD Staff Training (which builds capacity across our district to meet student needs)
 - Special Programs & the Behavior Response Team is hosting two 3-Day Conscious Discipline trainings this summer, which means almost 400 PISD staff will learn ways to increase their ability to build safety, connection and problem solving in the school/classroom
 - We are also holding trainings related to building and repairing relationships using Restorative Practices and Classroom Management training (using a positive, proactive and instructional approach)

Items in Progress/Continuing

- TCHAT is a partner with PISD to help reduce barriers to mental health care. TCHAT is available to all students no insurance needed, they will refer you or help you connect with the appropriate persons or resources. Prevention and Intervention is the number one priority. TCHAT is ongoing, schools are finding it to be helpful and PISD is top referral source
- Using Pasadena's partnership with Communities in School, we are working on a plan to increase supports at the high school level (for mental health needs)

New Items



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- Safe School Ambassadors training is occurring at 18 campuses (high school and intermediate). Participating students are encouraged to take an active role in safety on their campus.

Health Services

Celebrations/Completed Items

- Great success clearing out a lot of incoming PreK and 7th grade immunizations during pre-registration in early August. Having PISD sites offering vaccinations at no cost to our families greatly reduces our number of students turned away on the first day of school due to delinquent immunizations. Removing barriers!
- All PISD Nurses were certified in School Emergency Triage Training (SETT) in August. This training helps our nurses plan for Mass Casualty Incidents on campuses in the event one may occur so that we can have the best possible outcome in tragic situations.
- All PISD Nurses received Nursing Continuing Professional Development hours in resiliency in their own mental health and preventing burn out to focus on self-care post-COVID in the healthcare arena.

Items in Progress/Continuing

- 1 Itinerant RN & 3 itinerant health clerks to assist with Nurse absences in high acuity campus clinics as well as assisting campus nurses completing vision/hearing/spinal/AN screening for the year.
- COVID - Some nurses still have tests available. Nurses are continuing to report confirmed COVID-19 cases to HCPH.
- See to Succeed 22-23 is underway. Nurses are screening students for vision deficits and will hand out consent packets in October.
- School Nurses are organizing and training campus Medical Emergency Response Teams. MERT consists of multiple staff members on each campus working together to respond in the event of a medical emergency of one or more victims.
- Keeping an eye on COVID-19 spread in the community. Predicted to have a season/winter bump in cases as the weather turns colder and folks start gathering more indoors. This is indicative of this

New Items

- Monkeypox: Continuing to watch for community spread, especially in schools with one case in HISD and one in FBISD since school started. One death associated with Monkeypox in the US so far.

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Notice of Meeting of the SHAC

The Pasadena ISD School Health Advisory Council will be held September 20, 2022, beginning at 9:00 a.m. in the Boardroom of the Pasadena ISD Administration Building, 1515 Cherrybrook, Pasadena, Texas 77502.

Public Participation:

All Pasadena ISD SHAC meetings are open to the public. A recording and Proposed Minutes of this meeting will be forwarded to the District for posting on the SHAC website (listed below) not later than the 10th day after this meeting. Approved minutes will be posted following the meeting at which they are approved.

For additional information, please contact Alise Neff, Pasadena ISD Coordinated School Health Specialist, at aneff@pasadenaisd.org, or Amber Macneish, P.E., Health and Wellness Coordinator, at amacneish@pasadenaisd.org or 713.740.0126 or visit the Pasadena ISD SHAC website at the following web address:

https://www1.pasadenaisd.org/departments/departments_n-s/physical_education_health_wellness/parent-s_h_a_c.

Agenda for the September 20, 2022 Meeting of the SHAC

The subjects to be discussed, or considered, or acted upon by the Pasadena ISD SHAC at its September 20, 2022. Meetings are listed below. Items do not have to be taken in the same order as shown on this meeting notice and/or agenda.

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2. Consideration and Approval
 - a. [Minutes](#) of April 5, 2022 Meeting of the SHAC
 - b. SHAC By-Laws
3. For Your Information:
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4. Questions, Comments, Concerns
5. Meeting Adjourned